

**C.E.F.S.  
HEAD START 0-5 PROGRAM**

**COUNTY  
RESOURCE  
DIRECTORY**

*Christian, Clay, Effingham,  
Fayette, Montgomery, Moultrie  
& Shelby Counties*



**2023-2024**



Dear Parent/Guardian,

The C.E.F.S. Head Start 0-5 Program County Resource Directory provides a listing of available dental, health, education and social service agencies within the seven-county service area that the program services.

If you cannot locate a particular resource or service you need, or if you need additional help, contact your child's Head Start teacher, parent educator, or family advocate for assistance.

Patti Stuckemeyer  
C.E.F.S. Head Start 0-5 Program Director

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## HOW TO USE THE RESOURCE DIRECTORY

1. Decide what kind of services your family needs or about which you desire information.
2. Agencies, addresses, phone numbers, hours of operation, and services provided are listed. When in need of a service we suggest you call the agency to see if they have a particular service and request information on obtaining the required service.

3. Tips for calling agencies:

A. Decide what you need before you call. Repeat this need in simple sentences as often as you have to; even if you get connected to several different workers (many agencies have complex phone systems).

For instance, if you need help on utility bills, say “I need to talk to someone who can tell me how to get help to pay my gas bill” until you get someone who can help you.

B. Call the agencies during normal business hours. Avoid calling from 12:00 noon to 1:00 pm as this is the lunch hour for most businesses. On evenings and weekends, try the agency’s 24-hour hotline for emergency services.

C. Ask how to obtain the service. Do you have to come to a certain place at a certain time? Do you have to provide proof of anything (for example, income, age, etc.)? Do you have to fill out an application? Do you get help right away or is there a waiting period? Agencies and agency services have different eligibility requirements so be sure to check.

D. Ask how much the service cost. Are the services provided free or is there a sliding scale so that low-income clients pay lower costs?

E. If the agency does not have a particular service. Ask the worker if he/she knows where else you can call for help.

F. If you cannot get a particular service you need, or if you need additional information about using the County Resource Directory, contact your child’s Head Start teacher, parent educator, or family advocate for assistance.

**IL DEPT. OF HUMAN SERVICES  
COMMUNITY HEALTH & PREVENTION HELPLINE**

100 South Grand Avenue East, Springfield, IL 62762

**Phone:** (800) 843-6154

**Hours:** 8:00-4:30, Monday-Friday

**Services:** The Illinois Department of Human Services Community Health and Prevention Helpline strive to connect all Illinois residents with whatever services they may need. Information is provided for the following programs:

Adoption	Health Insurance (Family Care)
AIDS	Hospitals
Child Abuse	Housing
Child Care	Immunizations
Child Health	I & Rs-Local & Regional
Child Health Insurance	Lead Poisoning
Child Safety	Legal Services
Child Support	Literacy
Children-Chronic Diseases	Maternity Home/School
Community & Youth	Mental Health
Delinquency Prevention	Parents Care & Share
Dental	Parenting Education/Support
Developmental Delay	Pregnancy
Diabetes	Prenatal Care
Disabilities	Referrals to IL Dept. of Public Health
Disease	Self Help
Domestic Violence	Senior Services
Early Childhood	Sexual Assault
Early Intervention	Sexuality
Education	Sexually Transmitted Diseases
Emergency Services	Shelters
Employment	Special Education
Family Case Management	State Agencies-Other
Family Planning	Substance Abuse
Financial Assistance	Teen Services
Food Supplement-WIC	Toll Free Telephone Numbers
Food Supplement-MAC	WIC Complaint & Vendor
Head Start	Women's Health
Health B Comprehensive	Volunteerism

## USEFUL TOLL-FREE TELEPHONE NUMBERS

### **Aids/HIV Hotline**

Phone: (800) 243-2437 (800) 782-0423 (TTY/TDD)

### **All Kids Healthcare Insurance**

Phone: (866) 255-5437 (877) 204-1012 (TTY)

### **Attorney General Consumer Protection**

Phone: (800) 243-0618 (877) 844-5461 (TTY)  
(866) 310-8398 Linea Gratuita en Español

### **Cancer Information Service**

Phone: (800) 422-6237

### **Child Abuse & Neglect Hotline**

Phone: (800) 252-2873 (24 hours) (800) 358-5117 (TDD)

**Child Support Help Line** Phone: (800) 447-4278

**Dentist Referral Service** Phone: (800) 917-6453

**Family Matters Parent Training and Information Center** Phone: 866-436-7842

**Foster Care Hotline** Phone: (800) 624-5437

**IL Housing** Phone: (800) 942-8439

**IL Lawyer Finder** Phone: (800) 922-8757

**Land Of Lincoln Legal Assistance Foundation, Inc.** Phone: (800) 252-8629

**IL State Police Clearinghouse For Missing Children** Phone: (800) 843-5763

**National Center For Missing & Exploited Children** Phone: (800) 843-5678

**National Domestic Violence Hotline** Phone: (800) 799-7233  
or (800) 787-3224 (TTY)

**Poison Center** Phone: (800) 222-1222

**The Set Free Movement—Human Trafficking** Phone: 719-839-0621  
24 hour confidential hotline: 888-373-7888

## POLICE TELEPHONE NUMBERS

Assumption, IL—Christian County	Phone: 217-226-4060
Effingham, IL—Effingham County	Phone: 217.340-5300
Flora, IL—Clay County	Phone: 618-662-9111
Hillsboro, IL—Montgomery County	Phone: 217-532-6120
Litchfield, IL—Montgomery County	Phone: 217-324-5991
Moweaqua, IL—Shelby & Christian Counties	Phone: 217-768-2160
Pana, IL 62557—Christian County	Phone: 217-562-2141
Shelbyville, IL 62565—Shelby County	Phone: 217-774-2141
Taylorville, IL 62568—Christian County	Phone: 217-824-2211
Vandalia, IL 62471—Fayette County	Phone: 618-283-2131

## SHERIFF TELEPHONE NUMBERS

Taylorville, IL 62568—Christian County	Phone: 217-824-4961
Louisville, IL 62858—Clay County	Phone: 618-665-3316
Effingham, IL 62401—Effingham County	Phone: 217-342-2102
Vandalia, IL 62471—Fayette County	Phone: 618-283-2141
Hillsboro, IL 62409—Montgomery County	Phone: 217-532-9511
Sullivan, IL 61951—Moultrie County	Phone: 217-728-4386
Shelbyville, IL 62565—Shelby County	Phone: 217-774-3941

## C.E.F.S. OUTREACH OFFICES

### **EFFINGHAM**

1010 W. Jefferson St.  
Effingham, IL 62401  
Phone: 217-347-7514  
Hours: 8:30-4:30 M-F

### **FLORA**

832 B West North Avenue  
Flora, IL 62839  
Phone: 618-662-4024  
Hours: 8:30-4:30 M-F

### **SHELBYVILLE**

515 North Cedar  
Shelbyville, IL 62565  
Brittany Jones  
bjones@cefseoc.org  
Phone: 217-774-4541  
Hours: 8:30-4:30 M-F

### **SULLIVAN**

114 East Harrison  
Sullivan, IL 61951  
Angela Husketh  
ahusketh@cefseoc.org  
Phone: 217-728-7721  
Hours: 8:30-4:30 M-F

### **TAYLOR SPRINGS**

8353 South Illinois Route 127  
Taylor Springs, IL 62089  
Phone: 217-532-5971  
Hours: 8:30-4:30 M-F

### **TAYLORVILLE**

220 West Franklin St  
Taylorville, IL 62568  
Phone: 217-824-4712  
Hours: 8:30-4:30 M-F

### **VANDALIA**

517 West Gallatin  
Vandalia, IL 62471  
Phone: 618-283-2631  
Hours: 8:30-4:30 M-F

Services: Major programs offered directly by the C.E.F.S. outreach offices are weatherization, energy assistance, homeless assistance, head start, tax and insurance assistance, emergency food and shelter, budget counseling, and housing counseling. If the outreach staff cannot assist directly, a referral will be made to other programs and providers.



## COUNTY/TOWN INFORMATION

### CHRISTIAN COUNTY

Assumption, Bulpitt, Edinburg, Harvel, Jerseyville, Kincaid, Langleyville, Morrisonville, Mount Auburn, Moweaqua, Owaneco, Palmer, Pana, Stonington, Taylorville, Tovey

### CLAY COUNTY

Clay City, Flora, Iola, Louisville, Sailor Springs, Xenia

### EFFINGHAM COUNTY

Altamont, Beecher City, Dieterich, Edgewood, Effingham, Mason, Montrose, Shumway, Teutopolis, Watson

### FAYETTE COUNTY

Bingham, Brownstown, Farina, Ramsey, St. Elmo, St. Peter, Vandalia

### MONTGOMERY COUNTY

Butler, Coalton, Coffeen, Donnellson, Farmersville, Fillmore, Harvel, Hillsboro, Irving, Litchfield, Nokomis, Ohlman, Panama, Raymond, Schram City, Taylor Springs, Waggoner, Walshville, Wenonah, Witt

### MOULTRIE COUNTY

Allenville, Arthur, Bethany, Dalton City, Gays, Lovington, Sullivan

### SHELBY COUNTY

Cowden, Findlay, Herrick, Moweaqua, Oconee, Pana, Shelbyville, Sigel, Stewardson, Strasburg, Tower Hill, Westervelt, Windsor

## DENTAL OFFICES

### ALTAMONT

#### Sehy, Christopher Dr.

1 South 3rd Street  
Altamont, IL 62411  
618-483-6003—Phone  
618-483-6180—Fax

### ALTON

#### Southern Illinois University

2800 College Avenue  
Alton, IL 62002  
618-474-7000  
Medical Card: Yes

### BELLEVILLE

#### Associated Ped. Dentistry

3540 N. Belt West, Ste E  
Belleville, IL 62226  
618-233-8667  
618-288-5437 (Glen Carbon)

### CARBONDALE

#### Shawnee Health Service

402 S. Lewis Lane  
Carbondale, IL 62901  
618-519-9200  
Medical Card: Yes

### CHARLESTON

#### Coles County Family Dental Care

826 West Lincoln  
Charleston, IL 61920  
217-345-5250  
Medical Card: No

### CHICAGO

#### Southwest Pediatric Dental

10759 Winterset Dr.  
Orland Park, IL 60467  
Sedation Surgery: 1-708-580-0404

### DECATUR

#### Familia Dental

141 East Pershing Road  
Decatur, IL 62526  
217-877-6559—Phone  
217-791-5747—Fax  
Medical Card: Yes

### EAST ST. LOUIS

#### SIU School of Dental Medicine

SIUE East St. Louis Center  
601 James R. Thompson Dr.  
Bldg. D, Room 2055  
East St. Louis, IL 62201  
618-482-6959—Phone  
618-482-6918—Fax  
Medical Card: Yes

### EFFINGHAM

#### Effingham Dental Group

700 North Keller Drive  
Effingham, IL 62401  
217-347-0588  
Medical Card: No

#### SIHF Healthcare

900 West Temple Avenue  
Ste. 208 Building A  
Effingham, IL 62401  
217-342-0211—Phone  
217-342-0232—Fax  
Hours: 8-5 M-F  
Medical Card: 20 years and under only

#### Heartland Family Dental Care

1379 North Outer Belt W  
Effingham, IL 62401  
217-540-5000—Phone  
217-540-5801—Fax

#### Teutopolis Family Dental

206 N. Pearl St.  
Teutopolis, IL  
217-857-3201—Phone

## DENTAL OFFICES

### EFFINGHAM (cont.)

#### Stevenson, Jeff Dr.

310 West Jefferson  
Effingham, IL 62401  
217-342-3850—Phone

#### Willenborg, Stephen Dr.

610 North Keller Drive  
Effingham, IL 62401  
217-347-7021  
Medical Card: No

### GILLESPIE

#### Macoupin County Maple Street Dental Clinic

109 East Maple Street  
Gillespie, IL 62033  
217-839-4110—Phone  
217-839-4105—Fax  
Medical Card: Yes

### GREENVILLE

#### Bond County Health Dept. Dental Clinic

1520 South 4th Street  
Greenville, IL 62246  
Phone: 618-664-1442 x152  
8:30-4 M-F  
Medical Card: Yes

### HILLSBORO

#### Hart, Kai Dr.

212 East Summer Street  
Hillsboro, IL 62049  
Phone: 217-532-3333  
Fax: 217-532-6567  
Hours: 7:30-2:30 M-Th  
Medical Card: 18 years  
And younger residing in Montgomery County

### LITCHFIELD

#### Litchfield Dental Professionals

318 N. Madison St..  
Litchfield, IL 62056  
Phone: 217-303-8787  
Medical Card: No

### LITCHFIELD (cont.)

#### Litchfield Family Dentistry

620 West Union  
Litchfield, IL 62056  
Phone: 217-324-3431  
Medical Card: No

#### Columbian Blvd. Dental Clinic

125 W. Columbian Blvd W.  
Litchfield, IL 62056  
Phone: 217-250-2360

### MATTOON

#### Laij, Khin Dr.

1521 Wabash Avenue  
Mattoon, IL 61938  
Phone: 217-235-5496  
Fax: 217-234-6956  
Medical Card: Yes

#### Lake Land College-Dental

5001 Lake Land Blvd.  
Mattoon, IL 61938  
Phone: 217-234-5249  
Toll Free: 800-252-4121  
Cash only: \$15 child, \$20 adult

#### Sarah Bush-Lincoln Dental

225 Richmond Avenue East  
Ste. B  
Mattoon, IL 61938  
Phone: 217-235-0800  
Fax: 217-235-0801  
Medical Card: Yes, all plans

### MT. VERNON

#### Associated Pediatric Dentistry

4218 Lineolnshire Dr.  
Mt. Vernon, IL 62864  
618-899-9800  
Medical Card: No

### MOWEAQUA

#### Moweaqua Dental Office

130 E. Main St.  
Moweaqua, IL 62550  
Phone: 217-768-3898  
Medical Card: No

## DENTAL OFFICES

### PANA

#### Pana Family Dental

128 South Locust Street  
Phone: Pana, IL 62557  
217-562-3330  
Fax: 217-562-3340  
Medical Card: Existing patients only

### PARIS

#### Edgar County Public Health Dept. and Dental Clinic

502 Shaw Avenue  
Paris, IL 61944  
Phone: 217-465-2212  
Medical Card: Yes

### SHELBYVILLE

#### Brown Dental Care

101 West North 1<sup>st</sup> Street  
Shelbyville, IL 62565  
northfirstdental@consolidated.net  
Phone: 217-774-4221  
Fax: 217-774-5221  
Medical Card: No

#### Hastings Dental Clinic

101 South Vine Street Ste.2  
Shelbyville, IL 62565  
Phone: 217-774-2822  
Fax: 217-774-3906  
Hours: Tues. & Thurs. 8am – 5pm  
Medical Card: No

### SPRINGFIELD

#### Familia Dental

802 North 9<sup>th</sup> Street  
Springfield, IL 62702  
Phone: 217-679-2896  
Toll Free: 888-988-4066  
Medical Card: Yes

#### Central Counties Health Centers

2239 East Cook Street  
Springfield, IL 62703  
Phone: 217-788-2300  
Medical Card: Yes and  
sliding scale for those without insurance

### SPRINGFIELD (cont.)

#### Optim Dental

2633 Chatham Rd  
Springfield, IL 62704  
Phone: 217-971-3432  
Fax: 217-971-3462  
Medical Card: Yes

#### Maddox Dentistry

1100 Rickard Rd  
Springfield, IL 62704  
Phone: 217-546-4738  
Medical Card: If referred by Central Counties  
Health Center

### SULLIVAN

#### Sullivan Dental Clinic

6 Hawthorne Lane  
Sullivan, IL 61951  
Phone: 217-728-8711  
Fax: 217-728-4262  
Medical Card: No

### TAYLORVILLE

#### Dr. Paul, (Pladziewicz) The Dentist

118 South Main Street  
Taylorville, IL 62568  
217-824-7285—Phone  
847-954-2630—Fax  
8-4 Th-Sat. Sun. 8-12  
Medical Card: Yes

#### Haarman, Greg Dr.

#### Central Illinois Smiles

400 West Main Cross Street  
Ste. 208  
Taylorville, IL 62568  
217-824-8232  
Medical Card: No  
Hours: 8-5 M-Th (closed Fridays)

#### Mid Illinois Dental Assoc.

101 South Cherokee Street  
Taylorville, IL 62568  
217-824-2201  
Medical Card: No

## DENTAL OFFICES

### TAYLORVILLE (cont.)

#### Taylorville Dental

929 West Spresser Street  
Taylorville, IL 62568  
217-287-7969  
Medical Card: No

### TUSCOLA

#### Douglas County Dental and Health Clinic

1250 East US Hwy. 36  
Tuscola, IL 61953  
217-253-4137—Phone  
217-253-3421—Fax  
Hours: 8-4:45 M-F  
Medical Card: Yes

### VANDALIA

#### MidAmerica Center for Dental Wellness & Aesthetics P.C.

607 West Orchard Street  
Vandalia, IL 62471  
618-283-2929—Phone  
618-283-2113—Fax  
Medical Card: All ages.  
No new patients

#### Dynamic Dental

2102 West Randolph Street  
Vandalia, IL 62471  
618-283-4900  
Medical Card: No

#### Vandalia Dental—Dr. Jay Lowry

2219 West Randolph Street  
Vandalia, IL 62471  
618-283-1760  
Medical Card: No

### VILLA GROVE

#### Jones, Phillip Dr.

1 South Main Street  
Villa Grove, IL 61956  
217-832-7011  
Medical Card: 18 and under.

### INDIANA

#### EVANSVILLE, IN

#### Pippin Dental

400 East Diamond Avenue  
Evansville, IN 47711  
812-461-2365  
Medical Card: Yes

#### INDIANAPOLIS, IN

#### Indiana University School of Dentistry

1121 West Michigan Street  
Indianapolis, IN 46202  
317-274-7433—Phone  
(Adult Patients)  
Medical Card: Yes

#### TERRE HAUTE, IN

#### Pippin Dental

1800 Fort Harrison Rd  
Terre Haute, IN 47804  
812-645-4266—Phone  
812-466-4263—Fax

## EDUCATION

### CHAMPAIGN

#### Parkland College

2400 West Bradley Avenue  
Champaign, IL 61821  
Phone: 217-351-2200  
[www.parkland.edu](http://www.parkland.edu)

### CHARLESTON

#### Eastern Illinois University

600 Lincoln Avenue  
Charleston, IL 61920  
Phone: 217-581-5000  
[www.eiu.edu](http://www.eiu.edu)

### COFFEEN

#### First Steps Birth to 3 Program

200 School St.  
Coffeen, IL 62017  
217-532-7822

### DECATUR

#### Richland Community College

1 College Park  
Decatur, IL 62521  
Phone: 217-875-7200  
[www.richland.edu](http://www.richland.edu)

### EFFINGHAM

#### C.E.F.S. Literacy Program Learning & Resource Center

1010 West Jefferson St., Effingham, IL 62401  
Phone: 217-347-7033

*Early morning & evening appointments available*

Services: Teaching adults to read or increase basic skills. Reading comprehension, job development skills, pre-GED studies, English as a second language, ASVAB, driver testing and computer skills.

#### C.E.F.S. Workforce Innovation and Opportunity Act

2311 Hoffman Drive, Effingham, IL 62401  
Phone: 217-342-4382 TTY: 800-526-0844

Services: Preliminary assessments of skill levels, aptitudes, abilities, and support service needs. Help filing claims for unemployment insurance, evaluate eligibility for job training, education programs, and student financial aid. Job search and placement assistance, career counseling, up-to-date labor market information, job vacancies, required skills necessary for in-demand jobs, and information about local, regional, and national employment trends. Comprehensive assessments, development of individual employment plans, group and individual counseling, case management, and short-term prevocational services are also available.

#### Child and Family Connections

1901 South 4th Street, Ste. 209, Effingham, IL 62401  
Phone: 217-318-3512 (Leasa) 866-436-7842 (Family Matters)  
Fax: 217-705-4301 217-318-3516 (Fax)

Services: Serves 11 counties. Referrals only/intakes for services. Infant stimulation program for developmentally-delayed birth to three year-olds, providing an individual program plan and home visits. Early Intervention.

**Family Matters:** Parent training and information on parenting.

## EDUCATION

### **EFFINGHAM (cont.)**

#### **Effingham Academy of Cosmetology**

2200 South Banker Street, Effingham, IL 62401

Phone: 217-342-4015

#### **Illinois Worknet Center**

2311 Hoffman Drive, Effingham, IL 62401

Phone: 217-342-4149 (*employment services*)

217-342-4382 (*IL Dept. of Employment Security*)

217-347-7716 (*unemployment insurance phone*)

Services: Employment referral, unemployment compensation benefits & benefits ex-service persons.

#### **Lake Land College-Kluthe Center**

1204 Network Center Drive, Effingham, IL 62401

Phone: 217-540-3555

Services: Registration, college classes, English as a second language. GED classes also available.

### **FAIRFIELD**

#### **Frontier Community College**

2 Frontier Drive, Fairfield, IL 62837

Phone: 618-842-3711

[www.iecc.edu/fcc](http://www.iecc.edu/fcc)

### **HILLSBORO**

#### **Learning Express Program—ROE # 3**

203 South Main Street, Hillsboro, IL 62049

Phone: 217-532-9605 Fax: 217-532-5756

Services: Birth to three prevention initiative, parents as teachers, certified parent educators, information on stages of growth, health, and safety and activities to do together, support services, developmental screenings and baby talk.

### **LITCHFIELD**

#### **Staff Quick Employment Agency**

102 East Columbian Blvd. N, Unit B, Litchfield, IL 62056

Phone: 217-324-5700 Fax: 217-324-5770

Hours: 8-5 M-F

Services: Job search and assistance for youth, adults, and dislocated workers. Skill level assessment. Eligibility evaluation for assistance and classroom training.

#### **Lincoln Land Community College**

#1 Lincoln Land Drive, Litchfield, IL 62056

Phone: 217-786-3401 800-858-9193

Hours: 8-6 M-Th. 8-5 F (*closed Friday during summer session*)

Services: Advising, adult basic education classes, assessment testing (reading, writing and math). Book buy back services, bookstore, bursar (cashier for LLCC tuition and fees). Certified nursing assistant training program, computer systems and business applications certificate program, community education classes. Financial aid/scholarship assistance, GED preparation courses, library services, transfer degree courses. Tutoring including writing and math labs only at main campus. Vocational and technical program courses. Conference facility space available.

## EDUCATION

### LITCHFIELD (cont.)

#### Tri County Beauty Academy

219 North State Street, Litchfield, IL 62056

Phone: 217-324-9062

Hours: 8:30-3:30 M-W 10-3:30 Thurs 8:30-3:30 Fri

#### ProLogistix Employment Agency

725 McKinley Ave., Litchfield, IL 62056

217-463-1900

Hours: 8-5 M-F

### LOUISVILLE

#### Dawngola's Academy of Cosmetology

1225 1<sup>st</sup> Street, Louisville, IL 62858

Phone: 618-665-4475

Hours: 8:30-5 T, W, Th., F 8:30-2 Sat.

### MATTOON

#### C.E.F.S. WIOA Coles County Workforce Center

109 N. 16th St.

Mattoon, IL 61838

217-279-0371

Services: Guidance with job readiness, job search, work based learning, and classroom training needed to secure and retain employment and become self-sufficient. Adult, youth, and dislocated worker programs.

#### Lake Land College

5001 Lake Land Blvd., Mattoon, IL 61938

Phone: 217-234-5253 800-252-4121

Services: Offers registration, classes, course materials, day, evening, internet and distant learning classes. Non-credit and GED classes also available.

#### Lakeland College Workforce Development Center

305 Richmond Avenue East, Mattoon, IL 61938

Phone: 217-235-2222 Ext. 8212, 8213, 8282, 8285

Hours: 8:30-4:30 M-F

Services: Preliminary assessments of skill levels, aptitudes, abilities, & support service needs. Help filing claims for unemployment insurance, evaluate eligibility for job training, education programs, and student financial aid. Job search and placement assistance, career counseling, up-to-date labor market information, job vacancies, required skills necessary for in-demand jobs, and information about local, regional, and national employment trends. Comprehensive assessments, development of individual employment plans, group and individual counseling, case management, and short-term prevocational services are also available.

### OLNEY

#### C.E.F.S. Workforce Innovation and Opportunity Act -

#### Olney Central College

305 North West Street, Room 208A, Olney, IL 62450

Phone: 618-392-7777 (Alexis)

Fax: 618-395-1261



## EDUCATION

### OLNEY (cont.)

#### **Olney Cosmetology School**

320 E North Ave, Noble, IL 62868

Phone: 618-395-1169

*www.iecc.edu*

### PANA

#### **Lake Land College-Western Region Center**

600 East First Street, Pana, IL 62557

Phone: 217-562-5000 Fax: 217-562-5010

Services: GED classes, registration, general education transfer classes, technical classes, non-credit classes, and computer usage in community resource area. Test proctoring for Lakeland College.

### SHELBYVILLE

#### **The Job Center**

515 North Cedar, Shelbyville, IL 62565

Phone: 217-774-5550 Fax: 217-774-4471

Hours: 8-4:30, M-F (*closed 12-1*)

Services: Job readiness-resumes, interviews, computer programs to promote typing skills; resources for job listings, summer youth work programs, and other various programs.

### SPRINGFIELD

#### **Lincoln Land Community College-Adult Education Program**

5250 Shepherd Road, Springfield, IL 62703

Phone: 217-786-2200

Services: Adult basic education, GED Prep, English as a second language, literacy tutoring, and basic math skills.

#### **The Parent Place**

314 South Grand Avenue West, Springfield, IL 62704

Phone: 217-753-8730

Hours: 8:30-5 M-Th. 8:30-12 F

Services: Child abuse prevention and parenting education.

Eligibility: Based on a sliding scale.

### TAYLORVILLE

#### **Lincoln Land Community College-Eastern Region Education Center**

800 South Spresser Street, Taylorville, IL 62568

Phone: 217-786-2754 800-572-5448 Fax: 217-786-4975

Hours: 8-6 M-Th. 8-5 F (Closed Fridays during summer)

Services: Advising, assessment testing, book buy back services, bookstore, CAN training program, construction, occupation applied science program, criminal justice courses, developmental math, English, and reading courses, financial aid/scholarship assistance, higher education training (HEAT), law enforcement transfer degree courses, welding operator certificate program.

## EDUCATION

### TAY (cont.)

#### **Learning Express Program—ROE #3**

210 S. Webster St., Taylorville, IL 62568

Phone: 217-824-4730 Fax: 217-824-2464

Services: Birth to three prevention initiative, parents as teachers, certified parent educators, information on stages of growth, health, safety, and activities to do together, support services, development screening and baby talk.

### VANDALIA

#### **C.E.F.S. Workforce Innovation and Opportunity Act**

517 West Gallatin, Vandalia, IL 62471

Phone: 618-283-2631 Fax: 618-283-2715

Hours: 8:30-4:30 M-F

Services: Preliminary assessments of skill levels, aptitudes, abilities, and support service needs. Help with resume writing, evaluate eligibility for job training, education programs and student financial aid. Job search and placement assistance, career counseling, up-to-date labor market information, job vacancies, required skills necessary for in-demand jobs, and information about local, regional, and national employment trends. Comprehensive assessments, development of individual employment plans, group and individual counseling, case management, and short-term prevocational services are also available.

#### **Kaskaskia College-Vandalia Center**

2310 West Fillmore, Vandalia, IL 62471

Phone: 1-618-283-1780 1-618-545-3000

Hours: vary

Computer Lab Hours: vary

Services: College classes, registration, books for classes. Provides nearly all the same services as the campus in Centralia.

## FOOD PANTRIES

### ALTAMONT

#### **First United Methodist Church**

308 North 2nd Street, Altamont, IL 62411

Phone: 618-483-6036

Hours: 1-3 Tues. (Food Pantry)

9-12 M-Th (Office)

#### **St. Paul Evangelical Lutheran Church**

2293 East U.S. Hwy 40, Altamont, IL 62411

Phone: 618-483-5249

Hours: 2nd Saturday of the month 9-10 AM (except August)

## FOOD PANTRIES

### ASSUMPTION

#### Assumption Ministerial Association

104 Business Rte. 51, Assumption, IL 62510

Phone: 217-226-4209

Hours: 9-11 Sat.

Services: Emergency food boxes. May receive a 2-week supply, will deliver three times a year.

Eligibility: Anyone in Bond Elementary School District.

#### Tacusah Outreach of Assumption Food Pantry

104 Business Rt 51

Assumption, IL 62510

Phone: 217-226-4209

Hours: Sat 9-11                      Contact: Phyllis

### BETHANY

#### Bethany First Christian Church

312 W. S. Water St.

Bethany, IL 61914

Phone 217-443-6105                      Hours: 4-5 (1<sup>st</sup> and 3<sup>rd</sup> Tuesday every month)

Eligibility: Bethany Residents only

### BLUE MOUND

#### Inter-Church Council of Blue Mound-Boody/Stonington

100 East Lincoln, Blue Mound, IL 62513

Phone: 217-820-3988

Hours: 8-10:10 Sat.

Services: Items which have been donated, purchased at store or central Illinois food bank, or received through USDA soup kitchen foods, are given each week. Bibles and some clothes are also available.

Eligibility: Reside in former Blue Mound, Boody or Stonington school districts.

### BROWNSTOWN

#### Helping Hands Food Ministry

1708 N 1550 St.

Brownstown, IL 62418

Phone: 618-427-3368                      Hours: Once a month; As needed

### COFFEEN

#### Coffeen Food Pantry

210 Barry St., Coffeen, IL 62017

Phone: 217-534-2222

Hours: 8-11 3rd Tues. and following Saturday

## FOOD PANTRIES

### EDINBURG

#### Edinburg Ministerial Association

Grace Memorial Church, 108 East Douglas St.

Edinburg, IL 62531

Phone: 217-623-4014

Hours: 8:30 am -10:00 am Sat.

Services: Provides emergency food assistance (*gives about a weeks worth of food*)

Eligibility: Reside in Edinburg or nearby area.

#### Edinburg Food Pantry

314 N. Grand St. Edinburg, IL 62531

Website/Facebook: Edinburg Food Pantry

217-972-3847 Contact: Charles Portwood

10:00-11 Saturday (please use north door)

Emergency assistance during the week is available

### EFFINGHAM

#### Calvary Baptist Church

600 West Fayette Avenue, Effingham, IL 62401

Phone: 217-342-6671

Services: Distribution date on 2nd Wednesday of the month. Call the Monday before to pre-register between 4 and 6.

#### Catholic Charities

1502 East Fayette, Route 40, Teutopolis, IL 62401

Phone: 217-857-1458

M, W, F 9-11:30, 12:30-4

#### St. John's Lutheran Church

901 West Jefferson, Effingham, IL 62401

Phone: 217-342-4334

Hours: 3-4 (*2nd and 4th Tuesday of the month*)

Bags of food for emergencies M-F, 8:00-4:00 (11:30-12:30 closed)

### FARINA

#### Farina Daily Bread

311 E Jackson St.

Farina, IL 62838

Phone: 618-245-6677 or 618-267-1657 9-11 3rd Sat. each month

Caring and Sharing at Christmas for residents of Farina, Laclede, Loogootee, and St. Peter.

## FOOD PANTRIES

### FLORA

#### Christ's Church

200 North Olive Street, Flora, IL 62839

Phone: 1-618-622-5705

Hours: Open 24/7. Nonperishable food items in cabinet under awning.

#### Clay County Ministerial Alliance Food Pantry

1101 Austin Avenue, Flora, IL 62839

Phone: 618-662-3851

Hours: 9-11 (*every Monday*)

Services: Can receive food only one time per month.

#### First Christian Church

100 W. 4th St.

Flora, IL 62839

618-662-7626                      Food Voucher

#### First Methodist Church

103 East Third St., Flora, IL 62839

Phone: 618-662-6567

Hours: Open 24/7. Nonperishable food items in Blessing Box (cabinet by parking lot).

### HILLSBORO

#### Salvation Army

237 South Main, Hillsboro, IL 62049

Phone: 217-532-5059    by appointment only

#### Harvest of Hope Food Pantry

109 S. Hamilton Hillsboro, IL 62049

217-560-7533 (call or text) By appointment only

### IRVING

#### Irving Food Pantry

103 South Cedar., Irving, IL 62051

Phone: 217-851-1650

Hours: 2-4 second Monday and following Saturday and emergency basis.

### KINCAID

#### Midland Area Food Pantry

600 Tower Place, Kincaid, IL 62540

Phone: 217- 237-2342                      Hours: 1-4 W

Services: Help families with a need for food. They will serve someone up to once a month if it appears there is a real need.

Eligibility: Live in the South Fork Township.

## FOOD PANTRIES

### LITCHFIELD

#### Litchfield Food Pantry

102 N Montgomery, Litchfield, IL 62056  
Phone: 217-324-4264 Hours: 1-2:30 T, Th.  
Eligibility: Litchfield School District.

#### St. Clare Center

603 North Madison St., Litchfield, IL 62056  
Phone: 217-324-2800  
Hours: 10-12 M 6-2 W 10:30-12:30 Th

#### St. Timothy's Soup Kitchen

Solid Rock Center, 219 East Weir, Litchfield, IL 62056  
217-324-4324 Hours: 11-12:30 M  
Services: Free meal of soup, sandwich, drink and dessert.  
Eligibility: No requirements. Donations accepted but not required.  
Drive by only

### LOVINGTON

#### Lovington Christian Church

301 S. County St.  
Lovington, IL 61937  
Phone: 217-873-4692 Hours 2-6 (3<sup>rd</sup> Thursday of the month)  
Eligibility: Moultrie County residents only.

### MORRISONVILLE

#### Morrisonville-Palmer Food Pantry

306 SE Sixth Street, Morrisonville, IL 62546  
Hours: 2:30-3:30 Th.  
Services: Serves those in need who meet USDA commodities guidelines. Serving families in the Morrisonville-Palmer school district. A week's supply of groceries is provided.  
Eligibility: Government guidelines for income.

### MOWEAQUA

#### Ministerial Alliance of Moweaqua

326 North Main Street, Moweaqua, IL 62550  
Ed Brodus—Phone: 217-273-1252  
First Baptist Church—Phone: 217-768-4831 Hours: 9-11 Sat.  
Services: Families are given about a week supply of food. Families can be served up to once a month.  
Eligibility: Moweaqua address

### NOKOMIS

#### Nokomis IL Community Closet

118 S Spruce St., Nokomis, IL 62075  
Phone: 217-827-2814 Hours: 12-3 4th Wed. of the month  
Services: Community Closet, fuel fund and food Pantry

## FOOD PANTRIES

### PANA

#### Loaves and Fishes Food Pantry

120 East Second Street, Pana, IL 62557

Phone: 217-562-4175      Hours: 9-12 M    3-5:30 F

Services: Approximately one week's worth of food is provided, perishable and non-perishables. Clients may come once every 30 days.

Eligibility: Live in Pana or Pana area with no food pantry Available.

### RAYMOND

#### Panhandle Food Pantry

317 E. Broad St., Raymond, IL 62560

Phone: 217-229-3074      Hours: 8:45-10:45 Sat.

### RAMSEY

#### St. Joseph's Food Pantry and Clothes Closet

118 East Main, Ramsey, IL 62080

Phone: 618-423-2424

Hours: 9:30-11 W (*Clients may pick up food/supplies at this time*) 9:30-10:45 W (*Clothes Closet hours*)

*Closed due to COVID-19, call & leave a message until further notice for food pick-up between 9-10 am Wednesday.*

Services: For financial or medicine assistance, contact Catholic Charities in Effingham at 217-857-1458.

Eligibility: Will offer food and clothing to anyone in Fayette County.

### SHELBYVILLE

#### First United Methodist Church

205 West Main, Shelbyville, IL 62565

Phone: 217-774-4131      Hours: 10-12 M & Th.

Services: Accepts walk-ins and referrals. All types of non-perishable foods and paper goods. Some produce available in season.

### SHUMWAY

#### Freedom Ministries

304 South West Street, Shumway, IL 62461

Phone: 217-240-0059 or 217-868-5293

Hours: T-TH 10-2 (Bread and Produce)

1st and 2nd Tues 4:00-6:00 — 2nd and 3rd Wed 12-2 (box)

Last Sat. of month 8:30-12

Services: Families may come twice a month and last Saturday of the month. Call for more information and to make an appointment.

### ST. ELMO

#### St. Elmo Food Pantry

512 N Main St.

St. Elmo, IL 62458

Hours: 10-11 & 5:30-6:30 every Monday

Must live in St. Elmo

## FOOD PANTRIES

### SULLIVAN

#### **C.E.F.S. Food Pantry**

114 East Harrison St., Sullivan, IL 61951

Phone: 217-728-7721                      Hours: T-F 8:30-4

Services: Canned goods, paper products, soap, frozen foods, etc.

#### **Life Center of Sullivan**

1365 Jonathan Creek Dr., Sullivan, IL 61951

Phone: 217-728-4724 (*food pantry*)                      Hours: Th. 5-7 F-Sat. 9-1

Services: Thrift store and food pantry. Canned goods, non-perishable, and USDA commodities. Emergency help with utilities and rent.

Eligibility: Moultrie County residents only

### TAYLOR SPRINGS

#### **C.E.F.S.—TAYLOR SPRINGS**

853 S. State Route 127, Taylor Springs, IL 62089

Phone: 217-532-5971                      Hours: 9-11, 1-3 W, Th 9-11 F

### TAYLORVILLE

#### **Taylorville Food Pantry**

1429 East Main Cross, Taylorville, IL 62568

Phone: 217-820-5174 (Amy) or 217-454-6015 (Pam)

Hours: T 8:30-10, Th 5:30-7, Sat 8:30-9:30

Services: Provides emergency food assistance, provides about a week's worth of food. Must have referral from service agency or church.

Eligibility: Must live in Taylorville, Mt. Auburn or Owaneco.

Website: [www.taylorvillefoodpantry.com](http://www.taylorvillefoodpantry.com)

### VANDALIA

#### **C.E.F.S. Food Pantry**

517 West Gallatin, Vandalia, IL 62471

Phone: 618-283-2631                      Hours: 1-4 Th, 9-12 F.

Services: Referrals from churches, health department walk-ins, referrals to other pantries in the county. Government commodities, donations, canned box, paper goods, frozen refrigerator items.

#### **Fayette County 6:35 Food Pantry**

200 West Johnson Street, Vandalia, IL 62471

618-335-6241                      Hours: 4:30-6 Th.

### WITT

#### **Witt Food Pantry**

Cornerstone Christian Fellowship, 25 W. Park Ave., Witt, IL 62094

Phone: 217-594-2455 (*leave message*)

Hours: 10-11 (*3rd Thursday of the month*)



## FOOD PANTRIES

### XENIA

#### Xenia Christ United – Blessing Food Pantry

102 3<sup>rd</sup> St., Xenia, IL 62899

Phone: 618-678-2730

## HEALTH DEPARTMENTS

### CHARLESTON

#### Coles County Health Department

825 18th Street, Charleston, IL 61920

Phone: 217-348-0530      Hours: 8:30-4:30 M-F

Services: Contraceptive methods, pap tests, pregnancy tests, etc. Nurse practitioner available (except on Fridays). WIC & immunization clinics, smoking cessation classes, American Heart Association health awareness information, hearing and vision screenings, glucose screening, blood pressure checks, and bone density testing.

Eligibility: Sliding fee, medical cards accepted.

### EFFINGHAM

#### Effingham County Health Department

901 West Virginia, Effingham, IL 62401

Phone: 217-342-9237      217-342-9500 (WIC) 8-4 M-F

Fax: 217-342-9324 or 217-342-1203 (clinic)

Hours: 8-4 M-F

8-4 M-F (*maternal/child health*)

Services: Immunizations by appointment. Home health service, WIC, private water testing, cholesterol, blood pressure, blood sugar screening, home health care referrals, case management service, & HIV testing. Maternal & Child Health: food coupons, income guidelines. Must live in Effingham County and have a nutritional/medical need (children, pregnant/lactating mothers). Education on breastfeeding, first aid and CPR, and food service and sanitation classes. Eligibility: Medicaid accepted.

### FLORA

#### Clay County Health Department

601 East 12th Street, Flora, IL 62839

Phone: 618-662-4406      Hours: 8-5 M-F

Services: TB control, in-home nursing care, immunization clinic, water testing, communicable disease control, WIC, family planning, maternal child health, lead screenings, animal control, teen reach, hospice, healthy family Illinois (HFI), prevention initiative (P.L.A.Y. Group). Eligibility: Medicaid accepted.

### HILLSBORO

#### Montgomery County Health Department

11191 IL Route 185, Hillsboro, IL 62049

Phone: 217-532-2001

Fax: 217-532-6609 (WIC)

Hours: 8-4 M, W, F      8-8 T (*mental health*)

8-5 Th.      8-5 M-F (*CCU*)

Eligibility: Medicaid accepted.

## HEALTH DEPARTMENTS

### LITCHFIELD

#### **Montgomery County Health Department**

317 West Union Avenue, Litchfield, IL 62056

Phone: 217-324-3430

Mental Health Services/Programs: Alcohol & substance abuse, case management, crisis intervention, domestic violence, DUI services, outpatient mental health, psychiatric services, psycho-social rehabilitation, screening assessment and support services for youth, substance abuse awareness class.

Public Health Services/Programs: Blood pressure screening, breast and cervical cancer, child and adult immunization, community care program, diabetes, elder abuse, family case management, health education, nursing and home health service to qualified clients; WIC (women, infants, & children), supplemental food & nutrition, women's health.

Immunization Clinic Schedule:

Hillsboro-3rd Thursday-2:30- 5

Litchfield (City Hall) - 3rd Thursday-2:30-5

Eligibility: Medicaid accepted.

### SHELBYVILLE

#### **Shelby County Health Department**

1700 West South 3rd Street, Shelbyville, IL 62565

Phone: 217-774-9555

Fax: 217-774-2355

Hours: 8-4 M-F (*closed 12-1*)

Services: Hearing and vision screenings, immunization clinics, lead screening, TB testing, cholesterol screenings, glucose testing and diabetes screenings.

Immunization Clinic Schedule: Tues, Wed, Thurs 8-11:30 and 1-3:30 (no appointment necessary)

WIC Program Services:

Phone: 217-774-5812

Medical Card accepted.

### SULLIVAN

#### **Moultrie County Health Department**

202 South Main Street, Sullivan, IL 61951

Phone: 217-728-4114

Fax:217-728-2650

Hours: 8:30-4:30 M - F (*closed 12-1*)

Every 3rd Tuesday open until 6 for immunizations (appointment needed)

Services: WIC/Healthy family services, pregnancy testing, immunization clinics, TB testing and follow-up, blood pressure, school health services, hearing and vision screenings, lactation counseling, All Kids, car seat program, environmental health services and adult health services and COVID clinics.

Eligibility: Medical cards accepted.

## HEALTH DEPARTMENTS

### TAYLORVILLE

#### Christian County Health Department

902 West Springfield Road, Taylorville, IL 62568

Phone: 217-824-4113 Ext. 5

217-824-4113 Ext. 120 (*WIC office*)

Fax: 217-824-4380 Hours: 8-4 M-F (*lunch 12-1*)

Services: Blood pressure clinic, environmental health, referrals to proper agencies, immunizations, health screenings, family management, smoking cessation, cholesterol testing, optical program, TB skin tests, women, infants and children (WIC), nutrition education supplemental food program for pregnant and breast feeding women, infants and children.

Eligibility: Medical cards accepted.

### VANDALIA

#### Fayette County Health Department

416 West Edwards, Vandalia, IL 62471

Phone: 618-283-1044 Hours: 8-5:30 M-F

Services: Adverse Pregnancy Outcome Reporting System, parent support group & WIC breast pump distribution program, childhood lead poisoning prevention program, Denver Screenings, baby well checks, doula program, genetics screenings, referrals and clinics, healthy kids/healthy moms family case management program, hearing and vision screenings, immunizations, MPE/Kid Care health insurance application agent, paternity testing, smoke alarm program, smoking cessation program, water sample tests for infants, women, infants and children supplemental food program (WIC), home health hospice, environmental health, general public health, healthy family of Illinois.

## HOME HEALTH SERVICES

### LITCHFIELD

#### Addus Home Care

1101 W. Sargent St., Ste. A, Litchfield, IL 62056

Phone: 217-854-4471 Hours: 8-5 M-F

*Christian, Green, Jersey, Macoupin, and Montgomery Counties*

Eligibility: Takes several types of insurance coverage.

### MT. VERNON

#### Addus Healthcare

1 East Crownview Drive, Mt. Vernon, IL 62864

Phone: 618-244-0934 Hours: 8-5 M-F

Services: Nursing, certified nurses aides, physical, occupational, and speech therapy.

Specialties: Pulmonary rehabilitation, orthopedics, wound care specialist, IV therapy, private case management.

## HOME HEALTH SERVICES

### MATTOON

#### Sarah Bush Lincoln Home Care

1004 Health Center Dr. Ste 202

Mattoon, IL 61838

Phone: 800-879-3212 (24 hours)

8-4:30 M-F

Services: Home care; pediatric programs; skilled nursing; speech, physical and occupational therapy/ medical social workers.

#### Lincolnland Hospice of Sarah

1004 Health Center Cr. Ste 202

Mattoon, IL 61838

Phone 217-234-4075 1-800-454-4055

8-4:30 M-F

Services: Care to terminally ill persons and their families. Grief support.

### OLNEY

#### Richland Memorial Home Health

800 East Locust Street, Olney, IL 62450

Phone: 618-395-1068

Hours: 8-4:30 M-F

Services: Nursing, certified nurse aides, physical, occupational and speech therapy, and medical social worker. Diabetic care and ostomy continence care.

## HOSPITALS

### DECATUR

#### Decatur Memorial Hospital

2300 North Edward Street, Decatur, IL 62526

Phone: 217-876-8121

#### HSHS St. Mary's Hospital

1800 East Lake Shore Drive, Decatur, IL 62521

Phone: 217-464-2966

### EFFINGHAM

#### HSHS St. Anthony's Memorial Hospital

503 North Maple, Effingham, IL 62401

Phone: 217-342-2121 (24 hours)

217-347-1211 (emergency phone—24 hours)

### FAIRFIELD

#### Fairfield Memorial Hospital

303 North West 11th Street, Fairfield, IL 62837

Phone: 618-842-2611

Services: Nursing, physical and speech therapy. (Only covers small part of Clay County—South of Rt. 50)

## **HOSPITALS**

### **FLORA**

#### **Clay County Hospital**

911 Stacy Burk Drive, Flora, IL 62839  
Phone: 618-662-2131 (24 hours)

### **GREENVILLE**

#### **HSHS Holy Family Hospital**

200 Health Care Dr.  
Greenville 62246  
Phone: 618-664-1230

### **HILLSBORO**

#### **Hillsboro Area Hospital**

1200 East Tremont Street, Hillsboro, IL 62049  
Phone: 217-532-6111 (24 hours)

### **LITCHFIELD**

#### **St. Francis Hospital**

1215 Franciscan Drive, Litchfield, IL 62056  
Phone: 217-324-2191 (24 hours)

### **MATTOON**

#### **Sarah Bush Lincoln Health System**

1000 Health Center Drive, Mattoon, IL 61938  
Phone: 217-258-2525

### **OLNEY**

#### **Carle Richland Memorial Hospital**

800 E. Locust St.  
Olney, IL 62450  
Phone: 618-395-2131

### **PANA**

#### **Pana Community Hospital**

101 East Ninth Street, Pana, IL 62557  
Phone: 217-562-2131 (24 hours)

### **SHELBYVILLE**

#### **HSHS The Good Shepard Hospital**

201 S. Pine St., Shelbyville, IL 62565  
Phone: 217-774-3961

### **SPRINGFIELD**

#### **Memorial Medical Center**

701 North First Street, Springfield, IL 62781  
Phone: 217-788-3000

## HOSPITALS

### SPRINGFIELD (cont.)

#### St. John's Hospital

800 East Carpenter Street, Springfield, IL 62769  
Phone: 217-544-6464

### TAYLORVILLE

#### Taylorville Memorial Hospital

201 East Pleasant, Taylorville, IL 62568  
Phone: 217-707-5555  
217-707-5300 (emergency phone—24 hours)

### VANDALIA

#### SBL Fayette County Hospital and Long Term Care

650 West Taylor Street, Vandalia, IL 62471  
Phone: 618-283-1232 (24 hours)

## HOUSING AUTHORITIES

### BROWNSTOWN

#### Carpenter Apartments

1108 West South 9th St.  
Shelbyville, IL 62565  
Phone: 618-774-3290  
Apartments available in Brownstown and St. Elmo

### CHRISTIAN COUNTY

#### Christian County Integrated Community Services

1503 W Spresser St., Taylorville, IL 62568  
Phone: 217-824-4926 Hours: M-F 8:30-4:30

#### Christian County Housing Authority

306 E. 1st Ste B, Pana, IL 62557  
Phone: 217-562-3121

### DECATUR

#### Decatur Housing Authority

1808 E Locust St., Decatur, IL 62521  
Phone: 217-423-7711 Hours: 8-4:30 M-F

### EFFINGHAM

#### Housing Authorities

215 North Banker, Effingham, IL 62401  
Phone: 217-342-3520 Hours: 8-4 M-F  
Services: Provides housing for low-income families.

## HOUSING AUTHORITIES

### FILLMORE

#### Carpenter Apartments

1108 W South 9<sup>th</sup> St., Shelbyville, IL 62562

Phone: 217-774-3290

Services: Subsidized apartments in Fillmore.

### FLORA

#### Housing Authorities

201 South Locust Street, Flora, IL 62839

Phone: 618-662-5311      Hours: 8-4 M-F (*closed 12-1*)

Services: Low-income housing for families and elderly.

Fee: Sliding scale fee based on income.

#### Village Crown Apartments

811 Meadowview Dr., Flora, IL 62839

Phone: 618-662-8199

### HILLSBORO

#### Housing Authorities

216 Shelbyville Road, Hillsboro, IL 62049

Phone: 217-532-3672      Hours: 8-4:30 M-F

*Communities Served: Coffeen, Hillsboro, Litchfield, Nokomis, Raymond, Taylorville Springs, and Witt*

Services: Family, elderly and housing.

#### Village Apartments

300 South Hamilton St.

Hillsboro, IL 62049

Phone: 217-532-3501

#### Hillsboro Heights

215 Mill St.

Hillsboro, IL 62049

Phone: 217-532-7830

### LITCHFIELD

#### Cornerstone TL Inc.

210 Springfield Rd, Gillespie, IL 62033

Phone: 217-839-9919

Services: Apartments in Litchfield. Accepts some felonies depending on the situation. 30-day income is a must.

#### Terra Properties—Litchfield

Phone: 618.654-7033

No longer income based—accepts section eight voucher

#### Hebenstreit Rentals

Units in Litchfield

Apply in person at 212 East Central St, Benld

Phone: 217-835-2222      Hours: M, T, F 8:30-4

Fees: Application Fee \$15

## HOUSING AUTHORITIES

### LOUISIVLLE

#### Zink Apartments

Louisville IL 62858  
Phone 618-665-4081  
Sliding scale

### NOKOMIS

#### Masinelli Properties (Nokomis, Witt, Irving)

124 N Edwardsville St., Staunton, IL 62088  
Phone: 618-635-2005  
Servies: Affordable family housing

### OLNEY

#### Richland County Housing Authority

129 E Scott St., Olney, Il 62450  
Phone: 618-395-2571

### SHELBYVILLE

#### Housing Authorities

414 South Morgan, Shelbyville, IL 62565  
Phone: 217-774-2167      Hours: 9-4 M-F (*closed 12-1*)  
Services: Provides low-income housing for families and elderly, at 30% of adjusted gross income.  
Section-8 housing program, income-based. Housing available in Cowden, Findlay, Shelbyville and Stewardson.

### SPRINGFIELD

#### Springfield Housing Authority

200 N 11th St., Springfield, Il 62703  
Phone: 217-753-5757

### ST. ELMO

#### Carpenter Apartments

1108 West South 9th St.  
Shelbyville, IL 62565  
Phone: 618-774-3290  
Apartments available in Brownstown and St. Elmo

### VANDALIA

#### Capitol Pointe Apartments

2415 W. Randolph St.  
Vandalia, IL 62471  
Phone: 618-283-0236  
Income restrictions and limits

#### Central High School Apartments

211 North Kennedy Boulevard  
Vandalia, L 62471  
Phone: 618-283-1032  
Income based



## HOUSING AUTHORITIES

### VANDALIA (cont.)

#### Country Place Apartments

929 W. Johnson St.

Vandalia, IL 62471

Phone: 618-283-3444

Managed by Professional Properties 815-397-3755—Income based

#### Terra Properties—Vandalia & Patoka

Phone: 618-654-7033

www.terra-properties.com

## IL DEPT. OF CHILDREN & FAMILY SERVICES

### CARLINVILLE

#### IL Dept. of Children & Family Services

1022 North High, Carlinville, IL 62626

Phone: 217-854-2566      800-252-2873 (to file a report)

Hours: 8:30-5 M-F

Services: Montgomery and Macoupin Counties. Care and services to neglected or dependent under 18 who is a ward of the court, investigate cases of suspected child abuse, foster family home, service to families to remain intact.

### CHARLESTON

#### IL Dept. of Children & Family Services

825 18th Street, Charleston, IL 61920

Phone: 217-348-7661      800-252-2873 (to report abuse)

Hours: 8:30-5 M-F

Services: Investigate possible cases of child abuse or neglect, placement of children in foster homes, child welfare services and referrals as needed.

### CLAY

#### IL Dept. of Children & Family Services

1408 Martin St., Olney, IL 62450

618-392-3151

### DECATUR

#### IL Dept. of Children & Family Services Department

2900 N. Oakland Ave., Decatur, IL 62526

217-875-6750

8:30-5 M-F

## IL DEPT. OF CHILDREN & FAMILY SERVICES

### EFFINGHAM

#### IL Dept. of Children & Family Services

401 West Industrial Avenue, Ste. B, Effingham, IL 62401

Phone: 217-347-5561

800-252-2873 (24 hours-hotline phone)

Hours: 8:30-5 M-F

Website: [www.dhs.state.il.us](http://www.dhs.state.il.us)

Services: Services to prevent/suspect abuse and neglect, placement of children in foster home, licensing of child care facilities/day care services and home intervention.

### SPRINGFIELD

#### IL Dept. of Children and Family Services

1124 N Walnut St., Springfield, IL 62702

Phone: 217-782-4000

## IL DEPT. OF HEALTHCARE & FAMILY SERVICES

### CENTRALIA

#### IL Dept. of Healthcare & Family Services

800 South Locust, Centralia, L 62801

Phone: 618-532-1966

Fax: 618-532-4957

Hours: 8:30-5 M-F

### CHARLESTON

#### IL Dept. of Healthcare & Family Services

1550 Douglas Street, Charleston, IL 61920

Phone: 217-345-2188 Fax: 217-345-2190

Hours: 8:30-5 M-F

### CLAY

#### IL Dept. of Healthcare & Family Services

1406 Martin St., Olney, IL 62450

Phone: 618-392-3151 Hours: 8:30-5 M-F

### HILLSBORO

#### IL Dept. of Healthcare & Family Services

210 East Fairground Avenue, Hillsboro, IL 62049

Phone: 217-532-3957 Hours: 8:30-5 M-F

217-782-4000

### TAYLORVILLE

#### IL Dept. of Healthcare & Family Services

1100 North Cheney Street, Ste. 1, Taylorville, IL 62568

Phone: 217-824-3389 Fax: 217-824-3397

Hours: 8:30-5 M-F

## IL DEPT. OF HEALTHCARE & FAMILY SERVICES

### TUSCOLA

#### **IL Dept. of Healthcare & Family Services**

207 East Ficklin Street, Tuscola, IL 61953

Phone: 217-253-3347 Fax: 217-253-6920

Hours: 8:30-5 M-F

**Services:** Provide financial and medical assistance, temporary assistance for needy families (TANF), link (for whoever is qualified), medical and dental transport, assistance for blind, aged and disabled, child support.

## LIBRARIES

### ALTAMONT

#### **Altamont Public Library**

121 West Washington Ave, Altamont, IL 62411

Phone: 618-483-5457

Hours: 1-6 M, T, W 2-6 F 9-1 Sat. and Thurs.

### ASSUMPTION

#### **Assumption Public Library District**

205 North Oak Street, Assumption, IL 62510

Phone: 217-226-3915

Hours: Closed Monday 9-5 T, Th., F 9-6 W 9-1 Sat.

### BEECHER CITY

#### **Beecher City Public Library**

1358 East State Hwy. 33, Beecher City, IL 62414

Phone: 618-487-9400

Hours: 12:30-7 Mon. 12:30-5 Tue. 12:30-5 Wed. 3:30-8 Thurs. 12:30-5 Fri. 9:30-1 Sat.

### BETHANY

#### **Marrowbone Public Library**

216 W Main St., Bethany, IL 61914

Phone: 217-665-3014

Hours: 9-6 Mon. 9-5 T-F 10-2 Sat.

### BROWNSTOWN

#### **Brownstown Branch Library, The**

120 West Main Street, Brownstown, IL 62418

Phone: 618-427-3853

Hours: 1-5 M, T, TH 10-3 W 10-5 F

## **LIBRARIES**

### **COWDEN**

#### **Dry Point Township**

Cowden-Herrick High School, 651 Defend Drive, PO Box 44, Cowden, IL 62422

Phone: 217-783-2616

Fax: 217-783-2124

Hours: M, Th. 2-8 Sat. 8-12

Services: Interlibrary loan participant. Reading program every Monday in June for school age 1-6 grade.

Fees: Residents living in Dry Point Township—Free. Fees apply (out of township residents)

### **EFFINGHAM**

#### **Suzette Brumleve Memorial Effingham Public Library**

200 North 3rd Street, Effingham, IL 62401

Phone: 217-342-2464

Hours: 8-7 M-Th. 8-6 F 9-1 Sat.

Services: Online tutoring services, summer reading program, and downloadable books. Reading programs, computers, wireless internet & public internet access, books, audios, magazines, movies, newspapers, genealogy assistance, microfilm and microfiche reader/printer, reference service, story times, library loan, parent resource center, and photocopy machine. Adult computer classes, online bulletin board, homebound delivery, faxing, printer available. Meeting room available.

[www.EffinghamLibrary.org](http://www.EffinghamLibrary.org)

### **FLORA**

#### **Flora Public Library**

216 North Main Street, Flora, IL 62839

Phone: 618-662-6553

Hours: M-Th. 1:30-8:30 F 10-6 Sat. 10-3 Sun. Closed

Services: Serves as a local resource center with access to books and videos on caregiving. Now offering e-books.

### **HERRICK**

#### **Herrick Township Library**

Herrick School, 303 North Broadway, Herrick, IL 62431

Phone: 618-428-5223 Hours: 12-6 M, T 9-5 Th.

### **HILLSBORO**

#### **Hillsboro Public Library**

420 S. Main St.

Hillsboro, IL 62049

Phone: 217-532-3055

Fax: 217-532-6813

Hours: 9:30-7 M-Th, 9:30-5 F, 10-2 Sat.

Services: Story hour – Pre-K -3<sup>rd</sup> grade every Monday 4-4:30

### **LITCHFIELD**

#### **Litchfield Public Library**

1205 South State Street, Litchfield, IL 62056

Phone: 217-324-3866

Fax: 217-324-3884

Hours: 10-7 M-TH 10-5 F 10-2 Sat.

## **LIBRARIES**

### **LOVINGTON**

#### **Lovington Public Library**

110 W. State St  
Lovington, IL 61937  
Phone: 217-873-4468  
Hours: 9-7 Mon. 9-12, 2-5 T-F 9-12 Sat.

### **MOWEAQUA**

#### **Moweaqua Library**

600 North Putnam, Moweaqua, IL 62550  
Phone: 217-768-4700 Fax: 217-768-9070  
Hours: 9-7 M 9-5 T, W, F 9-2 Sat.

### **PANA**

#### **Carnegie-Schuyler Library**

303 East Second Street, Pana, IL 62557  
Phone: 217-562-2326 Hours: 12-6 M-F  
[www.panalibrary.com](http://www.panalibrary.com)

### **RAMSEY**

#### **Ramsey Public Library**

401 S. Superior St., Ramsey, IL 62080  
Phone: 618-423-2019  
Hours: closed Mon 12-6 Tues 10:30-4 Wed 12-6 Thurs 10:30-4 Fri

### **ST. ELMO**

#### **St. Elmo Public Library**

311 West Cumberland Road, St. Elmo, IL 62458  
Phone: 618-829-5544 Fax: 618-829-9104  
Hours: 12-7 Mon 12-5 Tues 10-3 Wed 4-7 Thurs 12-5 Fri 10-2 Sat.

### **SHELBYVILLE**

#### **Shelbyville Public Library**

154 North Broadway Street, Shelbyville, IL 62565  
Phone: 217-774-4432 Hours: 8-6 M-F 9-1 Sat.  
Fee: Free library card for Shelbyville residents

### **SULLIVAN**

#### **Elizabeth Titus Memorial Library**

2 West Water St., Sullivan, IL 61951  
Phone: 217-728-7221 Fax: 217-728-2215  
Hours: 8:30-8 M-Th 8:30-5 Fri. 9-12 Sat.  
10-10:30 Wednesday – story time for 3-5-year-olds

## LIBRARIES

### TAYLORVILLE

#### Taylorville Public Library

121 West Vine St., Taylorville, IL 62568  
Phone: 217-824-4736 217-287-7300 Dial-A-Story  
Hours: 107 M-Th 10-5 F 10-3 Sat.

### VANDALIA

#### Evans Public Library

215 S. 5th, Vandalia, IL 62471  
Phone: 618-283-2824 Hours: 9-7 M-Th 9-5 Sat.  
Services: Reading programs, homebound delivery, computers, internet access, books, audios, magazines, newspapers, movies, reference service, story times, interlibrary loan.

## OPTOMETRISTS

### EFFINGHAM

#### Effingham Ophthalmology

903 Medical Park Drive  
Effingham, IL 62401  
Phone: 217-347-2933  
Hours: 7:30-5 M-F  
Fax: 217-347-2932  
Services: Accepts medical card with a Doctor's referral (standard Medicaid only). Will complete Kindergarten eye exams without a doctor's referral. \$55 fee

#### Walmart Vision Center

217-342-2547  
Fax: 217-342-6294

#### Marion Eye Center

600 North Keller Drive  
Effingham, IL 62401  
Phone: 217-342-2900  
Hours: 8-5 M-F  
Services: Medical Cards  
Accepted  
Fax: 217-342-2901

### FLORA

#### Marion Eye Center

520 East North Avenue  
Flora, IL 62839  
Phone: 618-662-3202  
Hours: 8-5 M-F  
Services: Medical Cards accepted

## **OPTOMETRISTS**

### **GREENVILLE**

#### **Family Eye Care**

101 W. Main St.  
Greenville, IL 62246  
Phone: 618-664-0636  
Hours: 8:30-5 M-Th  
8:30-12 F

Accepts Medicare, Medicaid under 18 years of age. Need to call for providers.

### **HILLSBORO**

#### **Family Eye Care**

675 School Street  
Hillsboro, IL 62049  
Phone: 217-532-5044  
Hours: 8:30-5 M, Th, F  
8:30-6:30 T-W

Services: Free InfantSEE Program for children under one year old. Medical cards not accepted.  
Accepts Medicare under 18 years of age. Medicaid need call providers.

### **LITCHFIELD**

#### **Family Eye Care**

510 West Union Ave  
Litchfield, IL 62056  
Phone: 217-324-3317  
Hours: 8:30-1 M. 8:30-6 T 8:30-5 W, F

Accepts Medicare under 18 years of age. Medicaid need call providers.

#### **Walmart Vision Center**

1205 W. Ferdon St.  
Litchfield, IL 62056  
Phone: 217-324-5004  
Hours: 9-8 M-F, 9-7 Sat.  
12-5 Sun.

### **MATTOON**

#### **All About Eyes**

1001 Charleston Ave, Ste E  
Mattoon, IL 61938  
Phone: 217-235-2020  
Fax: 217-235-2028  
9-7 M; 906 T,W,TH; 805 F; 8-4 Sat.  
Medicaid not accepted

### **PANA**

#### **Vision Source**

104 S. Oak St., Pana, IL 62557  
Phone: 217-562-2512  
Hours: 8-5 M, T, W, F  
Services: Medicare, EyeMed, VSP, BCBS accepted.

## OPTOMETRISTS

### SHELBYVILLE

#### Mid-State Eye

102 N. Heinlein Dr  
Shelbyville, IL 62565  
Phone: 217-774-4422  
Fax: 217-774-4422  
8-5 M-F  
Medicaid accepted

### SULLIVAN

#### Sullivan Eye Care Clinic

108 East Harrison Street  
Sullivan, IL 61951  
Phone: 217-728-4451  
Hours: 8-5 T-F, 8-12 Sat.  
Services: Medicare accepted. Medical cards not accepted.

### TAYLORVILLE

#### Advanced Eye Care

900 West Springfield Road  
Taylorville, IL 62568  
Phone: 217-824-4991  
Hours: 8-5 M-F, 8-Noon Sat.  
Closed 1st Sat of every month.

#### Walmart Vision center

1530 W. Springfield Rd., Taylorville, IL 62568  
Phone: 217-287-1145  
Hours: 9-8 M, W, Th, F; 9-6 Sat.; 12-5 Sun.  
6-8 T

### VANDALIA

#### Marion Eye Care

300 West Randolph Street  
Vandalia, IL 62471  
Phone: 618-283-7100  
Hours: 8-5 M-F

#### Walmart Vision Center

201 Mattes Ave.  
Vandalia, IL 62471  
Phone: 618-283-3085  
Hours: 9-7 M-F 9-6 Sat.  
Services: VSP or Davis

#### Eye Care Vandalia

##### Childers, Kevin Dr.

2202 West Randolph Street  
Vandalia, IL 62471  
Phone: 618-283-3511  
Hours: 8-7 M 8-5 T-F 9-12 Sat.  
Medical card accepted



## PHYSICIANS

### ALTAMONT

#### Opilka, John DO

5 E. Cumberland Rd.  
Altamont, IL 62411  
Phone: 618-483-6151  
Fax: 618-483-6153 or 618-483-6152  
Medical Card: Yes

#### Springfield Clinic

3 Do It Drive  
Altamont, IL 62411  
Phone: 618-483-6131  
Fax: 618-483-6718  
Medical Card: Yes

### ASSUMPTION

#### Community Medical Clinic of Assumption

118 North Walnut Street  
Assumption, IL 62510  
Phone: 217-226-3133  
Medical Card: Yes

### CHAMPAIGN

#### Morton, Charles MD

1701 Curtis Rd.  
Champaign, IL 61821  
Phone: 217-365-6202  
Medical Card: Yes

### CLAY CITY

#### Clay City Clinic

800 Kelly Drive SW  
Clay City, IL 62824  
Phone: 618-662-2131  
800-762-2309

### COWDEN

#### Cowden Medical Group

209 East Elm Street  
Cowden, IL 62422  
Phone: 217-783-6565  
Fax: 217-783-6577  
Hours: 8-5 M-Th 8-12 Fri.  
Medicaid: Yes

### EFFINGHAM

#### Sarah Bush Lincoln

#### Oltman, Paul D. MD

905 North Maple St.  
Effingham, IL 62401  
Phone: 217-347-7776  
Fax: 217-347-7197  
Medical Card: yes

#### Effingham ENT

905 North Maple Street , Ste1  
Effingham, IL 62401  
Phone: 217-347-7077  
Fax: 217-347-7197  
Medical Card: Yes

#### Family Care Associates

1106 North Merchant Street  
Effingham, IL 62401  
Phone: 217-342-7000  
Fax: 217-342-7002  
Medical Card: Yes (No Molina)

#### SIHF Health Care

900 West Temple Ave. Ste 208  
Building: A  
Phone: 217-342-0211  
Fax: 217-342-0232  
Medical Card: Yes

#### Mid-Illinois Medical Care

#### Flynn, Sean MD

905 N. Maple St.  
Effingham, IL 62401  
Phone: 217-347-7030  
Fax: 217-347-7049  
Medical Card: Yes

#### Effingham Prompt Care

#### Dr. Arvinder Arora

401 North Mulberry Street  
Effingham, IL 62401  
Phone: 217-347-0768  
Fax: 217-347-0729  
Hours: 9-5:30 M-F  
Medical Card: Yes

## PHYSICIANS

### EFFINGHAM (cont.)

#### Springfield Clinic

300 North Maple Street  
Effingham, IL 62401  
Phone: 217-342-4151  
Fax: 217-535-2067  
Hours: 8-5 M-F  
Medical Card: Yes (No Aetna)

#### HSHS Medical Group

#### Family & Internal Medicine

900 West Temple Ave.  
Bldg. B, Suite 1500  
Phone: 217-347-0458  
Fax: 217-342-2992  
Medical Card: Yes (except BCBS & Meridian)

### FLORA

#### Clay Co. Hospital Flora

929 Stacy Burk Drive  
Flora, IL 62839  
Phone: 618-662-2131  
800-762-2309  
Medical Card: Yes

#### Clay Medical Center

165 Kinnaman Dr.  
Flora, IL 62839  
Phone: 618-662-8386  
Medical Card: Yes

#### Springfield Clinic

501 North Main Street  
Flora, IL 62839  
Phone: 618-403-5040  
Medical Card: Yes

### GREENVILLE

#### Greenville Medical Assoc.

101 Health Care Drive  
Greenville, IL 62246  
Phone: 618-664-2531  
Medical Card: Yes  
Services: Accepts Medicaid—Molina only

### GREENVILLE (cont.)

#### Greenville Convenient Care

201 Health Care Dr.  
Greenville, IL 62246  
Phone: 618-664-9390  
Medical Card: Molina only

#### McCracken-Dawdy-Hall

#### Family Practice

201 Health Care Drive  
Greenville, IL 62246  
Phone: 618-664-1380  
Medical Card: Yes

### HILLSBORO

#### Cady & Benjamin Dr.

Springfield Clinic West  
1280 East Tremont Street  
Hillsboro, IL 62049  
Phone: 217-532-2320  
Medical Card: Yes

#### HSHS Medical Group

1220 E Tremont St. Ste. A  
Hillsboro, IL 62049  
Phone: 532-9471  
Medical Card: No new patients with Medical Card

#### Springfield Clinic—East Bldg.

1250 East Tremont Street  
Hillsboro, IL 62049  
Phone: 217-532-6911  
Medical Card: yes

### LITCHFIELD

#### Litchfield Family Practice

1285 Franciscan Drive  
Litchfield, IL 62056  
Phone: 217-324-6127 217-324-3511-TDD  
Medical Card: Yes  
Primetime hours: 8-7 M-F, 9-1 Sat.  
Office Hours 8:30-4:30 M-F

#### Litchfield Urgent Care Walk-in Clinic

20 Corvette Dr. Ste. A  
Litchfield, IL 62056  
Phone: 217-324-3400  
Hours: 9-7 M-F 10-6 Sat./Sun.

## PHYSICIANS

### LOUISVILLE

#### Louisville Medical Clinic

935 Bryant Street  
Louisville, IL 62858  
Phone: 618-662-2191  
Medical Card: Yes

#### Trinity Health and Wellness

850 Bryant Street  
Louisville, IL 62858  
Phone: 618-665-7000  
Medical Card: Yes

### MT. VERNON

#### St. Mary's Good Samaritan

1 Good Samaritan Way  
Mt. Vernon, IL 62864  
Phone: 618-242-4600  
Medical Card: Yes

### MATTOON

#### Family Medical Center

200 Richmond Avenue East  
Mattoon, IL 61938  
Phone: 217-234-7000  
Fax: 217-234-7011  
Medical Card: Yes

#### SBL Pediatric Clinic

Prairie Pavilion I Ste. 100  
1005 Health Center Drive  
Mattoon, IL 61938  
Phone: 217-258-4006  
Fax: 217-258-4120  
Medical Card: Yes

### MOWEAQUA

#### Springfield Clinic—Moweaqua Family Practice

620 North Putnam Street  
Moweaqua, IL 62550  
217-768-3884  
Phone: Medical Card: yes new patients with Medical Card

### NOKOMIS

#### Nokomis Medical Group

107 W. State St.  
Nokomis, IL 62075  
Phone: 217-563-8384  
Medicare/Medicaid: Yes  
Hours: 8:30-12 M-Th

#### Community Medical Clinic

120 S. Cedar St.  
Nokomis, IL 62075  
Phone: 217-563-8363  
Medical Cards: Yes  
Hours: 8:30-4:30 M-F

#### Springfield Clinic in Nokomis

105 E. State St.  
Nokomis, IL 62075  
Phone: 217-563-2882  
Hours: 8-11:30 T, 8-4:30 Th, 2-4:30 F  
Not accepting new patients with Medical Card

### OLNEY

#### Southern Illinois Healthcare Foundation

1200 North East  
Olney, IL 62450  
618-395-5222  
Medical Card: Yes

#### Carle Richland Memorial Hospital

800 E. Locust St.  
Olney, IL 62450  
618-395-2131

#### Weber Medical Center

#### Dr. Howell-Canada, Pediatrics

1200 North East Street  
Olney, IL 62450

### PANA

#### Community Medical Clinic

101 East 9th Street  
Pana, IL 62557  
217-562-2544—Phone  
217-562-6288—Fax  
Medical Card: Yes

## PHYSICIANS

### PANA (cont.)

#### **Pana Medical Group**

217 South Locust Street  
Pana, IL 62557  
Phone: 217-562-2143  
Medical Card: Yes

### RAMSEY

#### **Medical Group**

103 6<sup>th</sup> St., Ramsey, IL 62080  
Phone: 618-423-2412  
Medical Card: Yes  
Hours: 8:30-4:30 M-Th 8:30-12 F

### RAYMOND

#### **Springfield Clinic in Raymond**

801 N Obannon  
Raymond, IL 62560  
Phone: 217-229-3711  
Hours: 8-4:30 T, 8-11:30 W, 8-11:30 Th  
Not accepting new patients with Medical Card

### SHELBYVILLE

#### **SBL Shelbyville Clinic**

1215 West Main St  
Shelbyville, IL 62565  
Phone: 217-774-4305  
Fax: 217-774-4306  
Hours: 7-5 M-Th 7-4 Fri (closed 12-1)  
Medical Card: Yes

#### **Consolidated Community Medical Centers**

415 N Cedar St.  
Shelbyville, IL 62565  
Phone: 217-774-2900  
Fax: 217-774-2902  
Hours: 9-5 M-F  
Medical Card: No

#### **HSHS Medical Group**

207 South Pine St., Ste. F  
Shelbyville, IL 62525  
Phone: 217-774-4400  
Fax: 217-774-6445  
Medical Card: Yes (except BCBS , Meridian)

### SULLIVAN

#### **Sullivan Family Care**

2 West Adams Street  
Sullivan, IL 61851  
Phone: 217-728-7353  
Fax: 217-728-8856  
Hours: 8-5 M-F (closed 12-1)  
Medical Card: Yes

#### **SBL Sullivan Clinic**

7 Hawthorne Lane  
Sullivan, IL 61951  
Phone: 217-728-8441  
Fax: 217-728-8678  
Hours 7:30-4:30 M-Th 7-4 Fri  
Medical Card: Yes

#### **DMH Sullivan Memorial Care**

1220 West Jackson Street  
Sullivan, IL 61951  
Phone: 217-728-2042  
Fax: 217-728-2485.  
Hours: 8-5 M-F  
Medicaid: Yes

### TAYLORVILLE

#### **Springfield Clinic**

600 North Main Street, Ste. A  
Taylorville, IL 62568  
Phone: 217-287-8855  
Fax: 217-287-3295  
Medical card: Yes (no Aetna Better Health)

#### **HSHS Medical Group**

1304 W. Burnett Dr.  
Taylorville, IL 62568  
217-329-1000  
Medical card: yes (no BCBS or

#### **SIU Center for Family Med.**

303 E Bidwell  
Taylorville, IL 62568  
Phone: 217-824-1134

## PHYSICIANS

### TAYLORVILLE (cont.)

#### Taylorville Urgent Care Walk in Clinic

1510 W. Springfield Rd.,  
Taylorville, IL 62568  
Phone: 217-824-8244

### VANDALIA

#### Dossett, Brian Dr.

1029 North 8th Street  
Vandalia, IL 62471  
Phone: 618-283-4469  
Medical Card: Yes

#### Darmadi, Michael Dr.

1003 North 8th Street  
Vandalia, IL 62471  
Phone: 618-283-4445  
Medical Card: Yes

### VANDALIA (cont.)

#### Southern IL Health Care Ctr.

1510 Sunset Drive  
Vandalia, IL 62471  
Phone: 618-283-3144  
Medical Card: Yes  
Hours: 7-4 M-F

#### Wellness Complex

825 New York Dr., Ste. 2  
Vandalia, IL 62471  
Phone: 618-283-5540  
Hours: 7:30-5 M-F

## PREGNANCY COUNCILING

### EFFINGHAM

#### Family Life Pregnancy Care Center

605N Eden Ave., Effingham, IL 62401  
Phone: 217-342-5433 or 1-800-600-2966      Fax: 217-347-8775  
9-8 Tues.    9-5 M, W, Th

Services: Free pregnancy testing. Information, care and help at no cost for women and families facing unplanned pregnancy. Support group, parenting, teen mother, father, and prenatal classes, and pregnancy resources.

### FLORA

#### Jabez

200 N Olive St., Flora, IL 62839  
Phone: 618-572-8913 or 618-559-6511  
10-3 M, T, Th, F (*Also by scheduled appointment*)

Services: Pregnancy counseling Teach how to care for self and baby. Assist with baby supplies. Coordinate with other organizations in community, i.e. CCHD WIC, Early Childhood, Guadalupe, Churches, etc.

#### Guadalupe Project

124 East North Ave., Flora, IL 62839  
Phone: 618-599-6786  
www.lacpc.com; cocker@lacp.com  
9-4 M, T, W, Fri. (*closed 12-1*)

Services: Personal and professional resources for individuals and families with unplanned pregnancies. Free on-site pregnancy tests, "Baby Boutique" clothing closet (maternity and infant), parenting classes, and resource referrals to service agencies in Christian County and surrounding areas.

## PREGNANCY COUNCILING

### HILLSBORO

#### Lighthouse Pregnancy & Health Services

214 S. Main St., Ste A, Hillsboro, IL 62049

Phone: 217-532-2241                      Hours: 9-5 W-Th

Medical Card: Yes

All services free and confidential.

### PANA

#### Loving Arms Crisis Pregnancy Center

201 S. Locust St., Pana, IL 62557

Phone: 217-824-7200

9-12, 1-4 T & Th

### SHELBYVILLE

#### Family Life Center

225 East South First St., Shelbyville, IL 62565

Phone: 217-774-4874                      Hours: 9-5 T-Th

Services: Free services in a caring and confidential setting by staff who specialize in pregnancy and sexual health issues. Pregnancy tests, parent education, ultrasounds, abortions, pregnancy loss support, STI/STD information.

### SPRINGFIELD

#### Noll Medical Clinic The Hope Institute for Children and Families)

5220 South Sixth Street Road, Springfield, IL 62703

Phone: 217-529-5179

[www.thehopeinstitute.us](http://www.thehopeinstitute.us)

### TAYLORVILLE

#### Loving Arms Crisis Pregnancy Center

500 North Walnut, Taylorville, IL 62568

Phone: 217-824-7200    800-712-HELP (24 hour helpline)

Hours: 9-4 M, T, W, Fri (closed 12-1)

Services: Personal and professional resources for individuals and families with unplanned pregnancies. Provides free on-site pregnancy tests, operates a clothing closet called "Baby Boutique" (Maternity and infant), parenting classes, and resource referrals to service agencies in Christian County and surrounding areas. [www.lacpc.com](http://www.lacpc.com); [cocker@lacpc.com](mailto:cocker@lacpc.com)

### VANDALIA

#### Lighthouse Pregnancy Center

1703 West Fletcher Street, Vandalia, IL 62471

Phone: 618-283-8750                      Fax: 618-283-9049

Hours: 9-5 M-Th                      9-1 F

Services: Free pregnancy tests, material assistance, accurate information, counseling and classes for prenatal, postnatal, parenting, Sexual integrity, STD's and post abortion recovery. Free ultrasound, parenting classes and Domestic Violence.

## **PUBLIC TRANSIT**

### **EFFINGHAM**

#### **C.E.F.S. Central Illinois Public Transit**

2201 N. Willenborg St. Ste 6, Effingham, IL 62401

Phone: 855-755-2478                      Hours: 6-6

#### **Effingham Taxi Service**

217-342-3119                      217-343-3119 Local

217-342-3120 Medical transport                      217-821-1710 Railroad transport

**Crossroads Taxi**                      217-342-7433

### **FLORA**

#### **C.E.F.S. Central Illinois Public Transit**

Phone: 855-755-2478                      Hours.6-5 M-F

6-5 M-F

### **LITCHFIELD**

**Litchfield Taxicab**                      217-324-2222

**Orange Is The New Ride—Litchfield Branch**                      217-324-4222

### **PANA**

#### **Faith in Action/CIPT**

8 Huber St., Pana, IL 62557

217-562-6236

### **SHELBYVILLE**

#### **C.E.F.S. Central Illinois Public Transit**

1505 West South 1st Street, Shelbyville, IL 62565

Phone: 855-755-CIPT (2478)                      Hours: 6-5 M-F

### **SULLIVAN**

#### **Central Illinois Public Transit**

Phone: 855-755-2478

Hours 6-5 M-F

### **TAYLOR SPRINGS**

#### **C.E.F.S. Central Illinois Public Transit**

Phone: 855-755-2478

Hours 6-5 M-F

### **TAYLORVILLE**

#### **Taylorville Taxi**

217-565-0323 (24 Hrs.)                      217-823-2440 (9-5 only)

#### **C.E.F.S. Central Illinois Public Transit**

Phone: 855-755-2478

Hours 6-5 M-F

### **VANDALIA**

#### **C.E.F.S. Central Illinois Public Transit**

Phone: 855-755-2478

Hours 6-5 M-F

## **PUBLIC TRANSIT**

### **VARIOUS LOCATIONS**

#### **First Transit**

Phone: 877-725-0569

Hours: 8-5 M-F (*call at least 1 week in advance for scheduled appointments*)

Services: Provides transportation for medical purposes, including blood work, doctor appts., lead screening, developmental screening, hemoglobin, therapies, etc.,

Fee: Free for patient & caregiver. Extra charge for additional passengers.

## **REHABILITATION**

### **MATTOON**

#### **IL Dept. of Rehabilitation (DORS)**

129 North 15th Street, Mattoon, IL 61938

Phone: 217-235-3154 (*general information*)  
217-235-3154 (*TDD only*)

Fax: 217-235-3160

TTY: 888-261-2869

Hours: 8-5 M-F

Services: For vocational rehabilitation. Nursing home prevention program. Homemaker services for those under 60 years of age.

### **OLNEY**

#### **IL Division of Rehabilitation Services**

1112 South West Street, Olney, IL 62450

Phone: 618-395-2147, 618-392-2512

Hours: 8:30-5 M-F

Services: Work with mentally and physically disabled to re-educate for employment, home services program.

#### **IL Division of Specialized Care For Children**

1102 South West Street, Ste. A, Olney, IL 62450

Phone: 618-395-8461 888-841-3232

Hours: 8-4:30 M-F

Services: Medical, surgical, corrective speech and hearing services, diagnostic evaluation, visits, specialized treatment, purchase special equipment and supplies.

### **SPRINGFIELD**

#### **IL Department of Rehabilitation (DORS)**

600 East Ash, Building 400, Springfield, IL 62703

Phone: 217-782-4830 Hours: 8:30-5 M-F

Services: Diagnostic and related service counseling, physical restoration services, training, books, maintenance and placement.

### **CHRISTIAN AND MONTGOMERY CO. RESIDENTS**

#### **IL Division of Specialized Care For Children**

Springfield Regional Office, 3135 Old Jacksonville Road, Springfield, IL 62704-6488



## REHABILITATION

### MOULTRIE AND MACON CO. RESIDENTS

#### IL Division of Specialized Care For Children

Moultrie and Shelby County Residents  
Champaign Regional Office, 510 Devonshire, Ste. A,  
Champaign, IL 61820-9914  
Phone: 217-333-6528                      800-779-0889  
Hours: 8-4:30 M-F  
<http://dsec.uic.edu>

## SOCIAL SERVICES

### CARBONDALE

#### Land of Lincoln Legal Assistance Foundation

2001 West Main Street, Ste. 311, Carbondale, IL 62901  
Phone: 800-642-5335 (*for Clay County*)

### CENTRALIA

#### One Hope United

1400 East McCord Street, Centralia, IL 62801  
Phone: 618-532-0750 (*24 hours*)

Services: Offers crisis intervention for runaway youth ages 11-17 or for parents in potential lockout situations to work toward family preservation through crisis intervention, individual, and family counseling. Extended family is a program that provides short-term services to link relatives. Nurturing parent is a low intensity home-based program that works with parents of youth from birth to 17 to offer parent education.

#### People Against Violent Environments (PAVE)

P O Box 342, Centralia, IL 62801  
Phone: 618-533-7233                      800-924-8444 (*24 hours*)

Services: Provides support to domestic violence victims and their dependent children. These services include IDVA advocacy, 24-hour crisis line, emergency shelter, individual and group support, referrals to other agencies, batterers intervention, men challenging violence (MCV).

### CHAMPAIGN

#### USDA Rural Development

2110 West Park Court, Ste. B, Champaign, IL 61821  
Phone: 217-352-3536 Ext. 4

Services: Provides housing loans to low and modest income households who are unable to obtain credit elsewhere. Provides grants to elderly households with very low incomes to bring current homes up to minimum property standards. Repair loans for very low income households. Repair grants for very low income seniors, ages 62 and older. Residential purchases.

## SOCIAL SERVICES

### CHARLESTON

#### **Central East Alcoholism and Drug Council (C.E.A.D.)**

Charleston Hour House-Branch Office  
635 Division Street, Charleston, IL 61920  
Phone: 217-348-8108 (24 hours)

Services: Patient drug and alcohol treatment, DUI evaluations, family counseling, individual and group sessions.

#### **Child Care Resources & Referral-Eastern IL University School of Family & Consumer Science**

Klehm Hall, 600 Lincoln Avenue, Charleston, IL 61920  
Phone: 217-581-6698 800-545-7439

*Counties Served: Clark, Coles, Cumberland, Edgar, Moultrie and Shelby*

Services: Specific child care provider list, assistance available for parents, child care, providers and the community.

#### **Hope of East Central Illinois**

1927 18th Street, Charleston, IL 61920  
Phone: 217-348-5931, 217-348-8815  
888-345-3990 (24 hour crisis line)

Services: Emergency shelter, counseling, adult and child advocacy, community education, housing program, including transitional housing and referrals, legal advocacy, and homeless prevention

### CLAY CITY

#### **Heartland Human Services**

800 Kelley Dr. SW  
Clay City, IL 62824  
Phone: 347-7179

### DECATUR

#### **American Red Cross**

2674 North Main Street, Decatur, IL 62526  
Phone: 217-428-7758 Cell Phone 217-827-4403  
Services: Blood donations, disasters, military family emergency volunteer.

#### **Growing Strong Sexual Assault Center**

270 West Prairie Street, Decatur, IL 62523  
Phone: 217-428-0770 (24 hours) Hours: 9-5 M-F

#### **IL Dept. of Employment Security**

757 West Pershing Road, Decatur, IL 62565  
Phone: 217-875-8750 Hours: 8:30-4:30 M-F  
Services: Unemployment insurance and job services referrals and skills match.

#### **Macon County Clerk**

141 South Main Street, Ste. 104, Decatur, IL 62523  
Phone: 217-424-1305 Hours: 8:30-4:30 M-F

## SOCIAL SERVICES

### DECATUR (cont.)

#### Social Security Administration

606 West Pershing Road, Decatur, IL 62526

Phone: 800-772-1213 Hours: 9-4 M-F

Services: Refer disabled persons, financial assistance to special needs children through family earnings, survivor and retirement benefits, etc.

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### EFFINGHAM

#### American Red Cross

603 North Eden Avenue, Effingham, IL 62401

Phone: 217-347-4600

Hours: 11:30-6 T, W, Th., 7-1:30 Sat.

Services: Blood donations, disasters, military family emergency volunteer.

#### Catholic Charities-Effingham

1502 East Fayette Avenue/U.S. Rt. 40 East, Effingham, IL 62401

Phones: 217-857-1458 Hours: 8:30-4:30 M-F

Services: Financial assistance including rent, utilities, and transient transportation. Dental Voucher Program. Help with Diabetic medications. Med Assist: Medicare D, Medicaid, emergency prescription co-pays, can work with pharmaceutical companies to reduce the price of long-term prescriptions. Tax assistance (seasonal). Pantry & mobile pantry. Second Hand Rose & Ramblin' Rose school supplies. Sex offender counseling location.

#### Crisis Nursery

924 North Merchant, Effingham, IL 62401

Phone: 217-342-3000

Services: Provides protection from and prevention of childhood trauma, abuse, and neglect through 24 hour emergency shelter care to children birth through 6 years of age. Operates 24 hours a day, 7 days a week, 365 days a year.

#### Effingham County Committee on Aging & Senior Center (ECCOA)

209 South Merchant, Effingham, IL 62401

Phone: 217-347-5569

Hours: 8-4 M-F

Services: Provides programs for people age 60 and over who may need help in certain areas to be able to live in their own homes. Provides a center for daily activities, planned outings, and monthly newsletter. Information & assistance to available resources. Assistance with Medicare prescription drug program and circuit breaker applications. Insurance counseling, income tax assistance and volunteer money management.

#### FISH

708 South Linden, Effingham, IL 62401

Phone: 217-342-2200

Services: Recorded message will direct the caller to phone numbers for further assistance. Services include clothes closet, transportation, emergency funds for energy bills, housing, medication, food, other vital necessities, and annual Christmas store.

## SOCIAL SERVICES

### EFFINGHAM (cont.)

#### **Griffin Therapeutic Solutions**

405 South 3rd Street, Effingham, IL 62401

Phone: 217-994-9056

Hours: 8-6 M-F

Accepts Medicaid Managed Care

#### **Heartland Human Services**

1200 North Fourth Street, Effingham, IL 62401

Phone: 217-347-7179

217-342-5504 (24 hr. crisis) Contact: caregiver advisor

Services: Accepts medical card. Caregiver support services and memory assessments. Funds available for emergency situations that will help caregiver to keep the care receiver at home. Possible assistance available for medications, personal medical devices, temporary housing arrangements, home repair/modification for safety or accessibility reasons. Certain eligibility requirements exist with limits on amount of one time assistance.

#### **Office of the Illinois Attorney General (Child Support)**

Erica Feldhake Assistant Attorney General

401 West Industrial Drive, Ste., C, Effingham, IL 62401

Phone: 217-347-5414 8-4 M-F

#### **One Hope United**

1901 South 4th, Ste. 213, Effingham, IL 62401

Phone: 217-347-5880 217-342-6777 (crisis) Hours: 8:30-5 M-F

Services: Offers crisis intervention for runaway youth ages 11-17 or for parents in potential lockout situations to work toward family preservation through crisis intervention, individual, and family counseling. Extended family is a program that provides short-term services to link relatives.

#### **Opportunities For Access, Center For Independent**

##### **Living (Local Office)**

309 Professional Park Ave., Ste 1, Effingham, IL 62401

Phone: 217-342-5521 800-810-3184 Fax: 217-342-5523

Services: Peer advisory, skills training, systems & individual advocacy, information & referral, volunteer programs, agency networking, housing referral, interpreter referral, employment preparation, pharmaceutical procurement, adaptive equipment selection, disability awareness training, community reintegration from nursing homes, youth transition and parent training programs. Americans with Disabilities Act (ADA) training ADA, Technical Assistance, ITAC center for free TTY's and amplified phones, IEPO and 504 Plans, etc.

#### **Retired Senior Volunteer Program (RSVP)**

1805 South Banker, Effingham, IL 62401

Phone: 217-342-2193 Ext. 135 Hours: 8:30-4:30 M-F

Services: Involves seniors in their communities through a broad array of activities benefiting public and non-public agencies and enriching the fabric of local and national community life.

#### **Salvation Army**

1108 South Willow Street, Effingham, IL 62401

Phone: 217-342-5434 Hours: 9-noon M, W, F

Communities Served: (serves 9 area towns)

Services: Just ask, we can help

## SOCIAL SERVICES

### EFFINGHAM (cont.)

#### **Second Hand Rose Store**

1502 East Fayette, US Route 40 East, Effingham, IL 62401  
Phone: 217-857-1482                      Hours: 10-4 M-F 9-1 Sat.

#### **Sexual Assault Family Emergencies (SAFE)**

1901 S. 4<sup>th</sup> St., Ste 6, Effingham, IL 62401  
Phone: 217-342-6623                      800-625-1414 (24 hours)  
Hours: 8:30-4 M-F

*Counties Served: Fayette, Effingham, Clay, Bond, Clinton, Marion, Washington, Wayne, Jefferson, Hamilton & White*

Services: Provides crisis counseling and advocacy for sexual assault victims and family emergencies. Also provides educational programs on bullying, good touch/bad touch, and many other prevention programs. Medical and legal advocacy and prevention education programs.

#### **Social Security Administration**

1207 Network Centre, Ste. 2, Effingham, IL 62401  
[www.ssa.gov](http://www.ssa.gov)

Phone: 855-213-5288  
Hours: 9-4 M, T, Th., F                      9-12 W

Services: Refer disabled persons, financial assistance to special needs children through family earnings, survivor and retirement benefits, etc.

#### **Stopping Women Abuse Now & Elder Abuse (SWAN)**

1108 South Willow Street, Ste. 8, Effingham, IL 62401  
Phone: 217-342-4526 or 800-284-7318 (24 hours)  
Hours: 8-4 M-F

Services: Services for homeless women, men, children, families and domestic violence clients and their children. Shelter, crisis line, transportation to safety, referral, advocacy and counseling. Adult protective services.

#### **The Wellness Loft**

408 South 4th Street, Effingham, IL 62401  
Phone: 217-347-5118                      Hours: 8:30-5 by appointment only  
Services: Counseling

#### **USDA Rural Development**

2201 N. Willenborg, Ste 10, Effingham, IL 62401  
Phone: 217-347-7107 Ext. 4                      Hours: 8-4 M-F (closed 12-1)  
*Counties Served: Clark, Coles, Effingham, Fayette, Shelby, Moultrie, and Montgomery*  
Services: Provides housing loans to low and modest income households who are unable to obtain credit elsewhere. Provides grants to elderly households with very low incomes to bring current homes up to minimum property standards. Repair loans for very low income households. Repair grants for very low income seniors, ages 62 and older. Residential purchases.

#### **United Way of Effingham County**

1108 Willow Street, Ste. 1, Effingham, IL 62401  
Phone: 217-342-3824                      8-4 M-Th

## SOCIAL SERVICES

### FLORA

#### **Center for Senior Renewal**

817 North Stanford Rd., Flora, IL 62839

Phone: 618-662-6621                      Hours: 8-4 M-F

*Counties Served: Clay, Richland, Effingham, Marion, and Wayne*

Services: Outpatient counseling for senior adults who are experiencing depression, grief, loss, difficulty coping with change, and anxiety. Services provided by licensed therapists under direction of psychiatrist. Sponsors grandparent raising grandchildren on 1st Thursday of the month at 3:30.

#### **Salvation Army of Clay County**

Phone: 618-662-7626

#### **Senior Services of Clay County**

832 West North Avenue, C-2, Flora, IL 62839

Phone: 618-662-7304

Services: Provides programs for people age 60 and over who may need help in certain areas to be able to live in their own homes (community care program). Information and assistance to available resources. Assistance with Medicare prescription drug program applications. Assistance with circuit breaker applications. Insurance counseling, volunteer money management and legal representative.

#### **SWAN**

832 W. North Ave., Suite B, Flora, IL 62839

Phone: 618-662-7300

### GREENVILLE

#### **Birth to Five Illinois Region 3**

201 N Third St., Greenville, IL 62246

Phone: 309-603-1688 (office) 309-213-9888 (regional manager)

Covering: Christian, Montgomery, Bond, Fayette, and Effingham Counties

#### **First Baptist Church (Clothing Closet)**

218 E. South Ave., Greenville, IL 62246

Phone: 664-1062

9-12 T, 1-4 Th

### HILLSBORO

#### **Crossover Ministries**

102 N Main St., Hillsboro, IL 62049

Phone: 217-608-0266

Hours: 2-6 T-Th, 2:30-8:30 F

Services: Substance abuse supportive services, domestic violence programs, NA and ALNON

#### **Montgomery County Division of Mental Health**

11191 IL Route 185, Hillsboro, IL 62049

Phone: 217-532-2001                      800-721-7734

Hours: 8-4 M-F

Services: Out-patient care for adults, adolescents and children. Individual, family and group therapy with consultation to schools and agencies. Alcohol and drug out-patient counseling & DUI evaluations.

## SOCIAL SERVICES

### HILLSBORO (cont.)

#### Salvation Army

237 South Main, Hillsboro, IL 62049

Phone: 217-532-5059

Hours: 9-5 M-F 9-4 Sat.

*Communities Served: (serves 9 area towns)*

Services: Sells used clothing, furniture and household items, emergency food pantry

#### DHS Family Community Resource Center

210 E Fairground Ave., Hillsboro, IL 62049

Phone: 217-532-2957 888-642-3417

### IRVING

#### Continuing Recovery Center

202 W. Central, Irving, IL 62051

Phone: 217-533-4441

Services: Long term recovery home after treatment

### JACKSONVILLE

#### USDA Rural Development

1904 West Lafayette, Ste. 1, Jacksonville, IL 62650

Phone: 217-243-1535 Ext. 4 or 6 Hours: 8-4:30 M-F

Services: Provides housing loans to low and modest income households who are unable to obtain credit elsewhere. Provides grants to elderly households with very low incomes to bring current homes up to minimum property standards. Repair loans for very low income households. Repair grants for very low income seniors, ages 62 and older. Residential purchases.

### LITCHFIELD

#### Salvation Army

1A Litchfield Plaza, Litchfield, IL 62056

Phone: 217-324-7922 800-728-7825 (pick-up)

Hours: 10-8 M-Sat.

#### Social Security Administration

1107 West Ferdon, Litchfield, IL 62056

Phone: 877-319-3077 800-772-1213

Hours: 9-4 M-F

Services: Accepts claims, provides information, disability, retirement, survivors insurance, SSI.

#### Goodwill

510 N. Old Rte 66, Litchfield, IL 62056

Phone: 217-789-0400

Hours: 10-8 M-F 12-5 Sat.

#### Hearts United (Thrift store and more)

110 N Jackson, Litchfield, IL 62056

Phone: 217-324-2876

Hours: 10-4 M-S

## SOCIAL SERVICES

### LITCHFIELD (cont.)

#### **St. Francis Way Clinic**

805 St. Francis Way, Litchfield IL 62056

Phone: 217-250-2380

Services: Family support groups, counselor services, and substance abuse services/treatment

### LOUISVILLE

#### **Clay County Counseling Service**

125 Broadway Street, Louisville, IL 62858

Phone: 618-665-4532

#### **Clay Co. USDA Service Center**

155 Route 45 North, Louisville, IL 62858

Phone: 618-665-3341

Hours: 8-4:30 M-F

Services: Provides housing loans to low and modest income households who are unable to obtain credit elsewhere. Provides grants to elderly households with very low incomes to bring current homes up to minimum property standards. Repair loans for very low income households. Repair grants for very low income seniors, ages 62 and older. Residential purchases.

#### **Grace & Truth Counseling**

235 Chestnut St., Louisville, IL 62858

Phone: 618-665-3050

### MT. VERNON

#### **Project Child: Child Care Resource & Referral**

327 Potomac, Ste. C, Mt. Vernon, IL 62864

Phone: 618-244-2210 Toll Free: 800-362-7257 Ext. 103

Hours: 8-4:30 M-Th.

8-4 F

*Counties Served: Clay, Effingham, Fayette, Crawford, Edwards, Jasper, Jefferson, Laurence, Marion, Richland, Wabash, and Wayne*

Services: Information choosing quality childcare, referrals to child care providers, and information on financial assistance for childcare.

#### **Senior Protective Services**

409 Harrison Street, Mount Vernon, IL 62864

Phone: 618-242-3530 or 618-242-3505 or 800-283-4070 (24 hours)

Services: Provide assistance for emergency home response, assistance with gaining a homecare aide, provide transportation to adult day center, Medicare prescription drug program application and circuit breaker assistance.

### MOUND CITY

#### **Farm Resource Center (FRC)**

226 Main Street, Mound City IL 62963

Phone: 618-748-9617 Hours: 8-4:30 M-F

Services: Stress management and education, information and referral service, community service, workshops and presentations, disaster response assistance, All Kids application agent, DCFS, adoption and guardianship.



## SOCIAL SERVICES

### MT. VERNON

#### **Project Child – Child Care Resource & Referral**

327 Potomac Blvd. PO Box 827, Mt. Vernon, IL 62864

Phone: 800-362-7257

*Counties served: Clay, Crawford, Edwards, Effingham, Fayette, Jasper, Jefferson, Lawrence Marion, Richland, Wabash, and Wayne.*

Services: Specific child care provider list, assistance available for parents, child care, providers and the community.

### NOKOMIS

#### **New 2 You**

114 W. State St.

Nokomis, IL 62075

Phone: 217-741-1162

#### **Nokomis Christian Missions**

118 S. Spruce St.

Nokomis, IL 62075

Phone: 217-563-7580

Thrift store items and other assistance as needed

Hours: 2-5 T, 2-7 W, 9-3 Th, 9-7 F, 9-3 Sat.

### OLNEY

#### **Single Parent/Displaced Homemakers**

Olney Central College, Olney, IL 62450

Phone: 618-395-4351 Ext. 2238

Services: Grants for training and employment assistance; provides IECC students with support services; financial assistance for single parents and displaced homemaker.

#### **State of Illinois Department of Human Services**

1406 Martin Street, Olney, IL 62450

Phone: 618-392-3151

#### **Southeastern Illinois Counseling Centers, Inc. (SICCI)**

504 Micah Drive, Olney, IL 62450

Phone: 618-395-4306

618-395-5026 (*crisis line-24 hours*)

Hours: 9:30-7 M 8-5:30 T-Th.

Services: Outpatient counseling services are available to assist individuals with a variety of mental, emotional, behavioral and social problems. Trained therapists work to help individuals resolve problems & improve social skills. Substance abuse programs include early intervention, outpatient counseling, intensive outpatient counseling, & case management.

#### **Stopping Women Abuse Now & Elder Abuse (SWAN)**

1502 South West Street, Olney, IL 62450

Phone: 618-392-3556 Toll Free: 888-715-6260

Services: Provided to homeless women, men, children, families and domestic violence clients, shelter, 24-hour crisis line, transportation to safety, referral, advocacy, individual & peer counseling. Permanent and residential housing, elder protection.

## SOCIAL SERVICES

### PANA

#### **Community Mission**

133 South Locust Street, Pana, IL 62557

Hours: 8-5 T, Th.

Services: Free clothing, houseware items, furniture and used medical equipment. Assist with financial needs as funds are available. A person can come once a month and receive five complete outfits for each person in the home. Persons experiencing fires or home damage should contact us directly for what they need.

#### **New Horizons Substance Abuse Counseling**

P. O. Box 153, 104 South Oak Street, Ste. B, Pana, IL 62557

Phone: 618-370-0734 Hours: 9-4 M 9-12 Sat.

Services: Complete DUI services, Level I & II outpatient treatment group and individual sessions, adolescent and adult education and counseling and onsite drug/alcohol testing, anger management. Inpatient care.

#### **Office of General Assistance**

Pana Township

2295 IL Route 16, Pana, IL 62557

Phone: 217-562-3989 Hours: 9-3 M-Th. (*closed 12-1*)

Services: Provisions of voucher for general assistance and food, rent subsidies, information referral. Eligibility: Ages 18-62 disadvantaged and hardship.

### SHELBYVILLE

#### **Hour House**

155 South Morgan, Shelbyville, IL 62565

Phone: 217-774-5566 (*outpatient*) 8-5 M & W

#### **Community Services, Inc.-Shelby County**

1810 West South 3rd, Shelbyville, IL 62565

Phone: 217-774-5587

Hours: 8-4:30 M-F

Services: Residential, outpatient and respite care, psychosocial rehabilitation day treatment, individual rehabilitation treatment plans, and substance abuse treatment plans.

#### **Community Services, Inc.-Shelby County-Counseling Center**

314 North Cedar, Shelbyville, IL 62565

Phone: 217-774-2113

Hours: 8-4:30 M-F

Services: Counseling for domestic violence victims, individual and family case management, and crisis plans.

#### **Domestic & Other Violence Emergencies (DOVE)**

1200 South Hickory, Shelbyville, IL 62565

Phone: 217-774-4888 (*24 hours*) 217-774-3121 (*business number*)

Hours: 8-4 M-F (*or by appointment*)

Services: Comprehensive assistance and support to families affected by domestic violence. Shelter for women and children, will take girls of any age and boys up to 17 yrs. old; counseling available. Bi-monthly support groups and free child care. Legal advocacy and orders of protection. Temporary hotel shelter for men.

## SOCIAL SERVICES

### SHELBYVILLE (cont.)

#### **Retired Senior Volunteer Program (RSVP)**

2114 West South Third Street, Kaskaskia Terrace, Apt. 26, Shelbyville, IL 62565

Phone: 217-774-4513

Services: Involves seniors in their communities through a broad array of activities benefiting public and non-public agencies and enriching the fabric of local and national community life.

### SPRINGFIELD

#### **Community Child Care Connection, Inc. (Child Care Resource & Referral)**

919 Spring Street, Springfield, IL 62704

Phone: 217-525-2805                      800-676-2805

Fax: 217-525-2894

Hours: 8-4 M, T, Th., F                      8-2 W

Counties Served: Christian, Logan, Macoupin, Mason, Menard, Montgomery, Morgan, Sangamon and Scott

Services: Child care referrals, consumer education and professional assistance in evaluation child care needs, detailed information on child care options, quality child care indicators and licensing regulations, financial assistance to help pay for child care, referrals to agencies providing family social services.

#### **Social Security Administration**

3112 Constitution Drive, Springfield, IL 62704

Phone: 217-698-8508

#### **Land of Lincoln Legal Assistance Foundation**

3085 Stevenson Drive, Ste. 202, Springfield, IL 62703

Phone: 217-529-8400                      [www.lollaf.org](http://www.lollaf.org)

#### **Sojourn Shelter & Service**

1800 Westchester Blvd., Springfield, IL 62704

Phone: 217-726-5100 (business)

217-726-5200 (hotline)                      866-435-7438 (24 hours)

Free & Confidential Services: Assistance to women and children who are victims of domestic violence, including a safe place to stay. Also available are individual counseling & educational group services, community referrals & advocacy. A shelter that holds 32 women and children, & individual counseling for male victims.

### SULLIVAN

#### **Domestic & Other Violence Emergencies (DOVE)**

1102 West Jackson, #4, Sullivan, IL 61951

Phone: 217-728-9303

Crisis: 217-728-9334

TTY: 217-428-6559

Hours: 8-4 M, T, W, F, 11-7 Th - 5:00 pm Thursday (support group)

Services: Referrals. Comprehensive assistance and support to families affected by domestic violence. Shelter in Decatur for women and children, counseling available. Weekly support groups and child support group, legal advocacy and orders of protection.

## SOCIAL SERVICES

### SULLIVAN (cont.)

#### **Habitat for Humanity**

8 South Washington, Ste. 102, Sullivan, IL 61951

Phone: 217-728-7386 Hours: 8:30-11:30 M-F

Services: Can apply for habitat for humanity housing project.

#### **Moultrie County Beacon**

401 West Water, Sullivan, IL 61951

Phone: 217-728-7396 Ext. 234 Hours: 8:30-4:30 M-Th. 8:30-4 F

Services: Case management, work evaluation, development training, work activities, extended employment and placement for developmentally disabled persons, respite services, and residential CILLA (Community Integrated Living Arrangement).

#### **Moultrie County Counseling Center**

12 West Harrison Street, Sullivan, IL 61951

Phone: 217-728-4358 988 (*crisis*)

Fax: 217-728-2270 Hours: 8:30-5 M-F (*closed 12-1*)

Services: Provides therapeutic preventative, consultative and educational mental health services, individual counseling, children first classes, child and adolescent therapy 5 years and older.

#### **Habitat for Humanity ReStore (Resale Store)**

401 South Hamilton Street, Sullivan, IL 61951

Phone: 217-728-8700 Hours: 9-4 T-F 8-2 Sat.

#### **Retired Senior Volunteer Program (RSVP)**

114 E Harrison St., Sullivan, IL 61951

Phone: 217-731-1122 Hours: 8:30-12 M-Th

Fax: 217-728-2923

Services: Involves seniors in their communities through a broad array of activities benefiting public and non-public agencies and enriching the fabric of local and national community life.

### TAYLORVILLE

#### **Beacon Professional Counseling**

800 North Webster, Taylorville, IL 62568

Phone: 217-824-3435 Hours: 9-12 M 9-7 T-Th. 9-12 F

Services: Children in the middle, divorce education, anger management, counseling and family mediation and group workshops.

#### **Christian County Development Corporation**

512 West Spresser Street, Taylorville, IL 62568

Phone: 217-824-4921 Hours: 8:30-4:30 M-F

Services: Affordable housing in Taylorville, Kincaid, Edinburg and Tovey; handicap accessible housing available.

#### **Jesus Loves You Ministries**

P O Box 222, Taylorville, IL 62568

Phone: 217-827-7392

Services: Provides daytime transportation only to court dates, probation appointments, or any kind of drug treatment. Prefer a 24 hour notice for transportation.

**[jesuslovesu08@gmail.com](mailto:jesuslovesu08@gmail.com)**

## SOCIAL SERVICES

### TAYLORVILLE (cont.)

#### Liberty Counseling

305 S. Webster St., Taylorville, IL 62568

Phone: 217-287-2550

Hours: 9-3 M, Th., F 9-7 T

Services: Substance abuse, counseling, DUI evaluation and classes, and early intervention.

Fee: Sliding scale, based on income.

#### Office of General Assistance

Taylorville Township

1620 West Spresser Street, Taylorville, IL 62568

Phone: 217-824-4816 Fax: 217-777-4816

Hours: 9-3 M, T, W, F (closed 12-1) 9-12 Th.

Services: Certain medical services prior to approval, vendor payments for basic needs, shelter, utilities, food and personal essentials.

Eligibility: Adults only (ages 19-60), based on income.

#### Shadow Home

118 West Franklin Street, Taylorville, IL 62568

Phone: 217-824-2001

Services: Transitional housing for homeless women and their children. Provides job placement, shelter, food, parenting classes, assistance finding housing, GED program and Budget and Money Management counseling.

### TUSCOLA

#### IL Dept. of Douglas County Family Community

##### Resource Center

207 East Ficklin Street, Tuscola, IL 61953

Phone: 217-253-3347 DHS helpline: 800-843-6154

Fax: 217-253-6920 Hours: 8:30-5 M-F

Services: Receives applications for cash, SNAP and medical assistance by fax, mail or in person. Provide financial medical assistance, temporary assistance for needy families (TANF), food stamp program, assistance for blind, aged and disabled, and All Kids health insurance.

### VANDALIA

#### Community Resource Center

421 West Main, Vandalia, IL 62471

Phone: 618-283-4229 618-533-1391 (24 hours)

Hours: 8-5 M, W, Th, F 8-8 T

Services: Provides prevention, intervention, and treatment of situations including emotional, behavioral, sexual abuse, and substance abuse. Educational programs, advocacy, support groups, 24 hour crisis line, consultation, counseling, psychiatric services, outreach and transitional living also available.

## SOCIAL SERVICES

### VANDALIA (cont.)

#### **Pathways Counseling**

716A East 1700th Avenue, Vandalia, IL 62471

Phone: 618-367-6352                      Hours: 9-6 W, Th

Services: Depression & anxiety, marriage and couples, premarital counseling, parenting, blended families, grief and loss, divorce care, reactive attachment disorder, eating disorder, ADHD, self-harm, spiritual struggles, caregiver burnout, career concerns, stage of life concern and behavioral issues.

Fee: Sliding scale, based on income. Medical Card-No.

Major insurances taken.

#### **Sexual Assault Family Emergencies (SAFE)**

1410 Sunset Drive, Ste. G, Vandalia, IL 62471

Phone: 618-283-1414                      800-625-1414

Hours: 8:30-4:30 M-F

Services: Provides crisis counseling and advocacy for sexual assault victims and family emergencies. Also provides educational programs on bullying, good touch/bad touch, and many other prevention programs. Medical and legal advocacy and prevention education programs.

#### **Stopping Women Abuse Now & Elder Abuse (SWAN)**

200 W. Johnson St., Vandalia, IL 62471

Phone: 618-283-9179                      888-715-6260 (*emergency/crisis*)

Fax: 618-283-4112

Hours: 24 hours 8-4 M-F (local office)

Services: Individual counseling, group therapy, legal assistance, emergency shelter, and a crisis line for domestic violence survivors, shelter/housing assistance to the homeless, adult protective services for disabled or 60+ years, gives referrals to other organizations.

## UNIVERSITY OF IL EXTENTION SERVICES

### ARTHUR

#### **Moultrie County Extension Office**

122 South Walnut, Arthur, IL 61911

Phone: 217-543-3755                      Hours: 8-4:30 M-F (*closed 12-1*)

Services: Offers health nutrition and educational programs in agricultural community development, consumer and family issues, youth development. Coordination of prairie association of home and community educational units. Master gardeners, 4-H clubs and family nutrition program.

### EFFINGHAM

#### **Effingham County Extension Office**

1209 Wenthe Drive, Effingham, IL 62401

Phone: 217-347-7773

Email: uie-cefJoil.edu                      Hours: 8-4:30 M-F

Services: Home Economics, 4-H club workshops. Education on nutrition and wellness, family life, 4-H and youth development programs.

## UNIVERSITY OF IL EXTENTION SERVICES

### FLORA

#### **Clay County Extension Office**

223 West Railroad Street, Ste. C, Flora, IL 62839

Phone: 618-662-3124 Hours: 8-4:30 M-F (*closed 11:30-12:30*)

Services: Budgeting, child care development, family relations information, food nutrition, home management, canning, freezing, home health and agricultural subjects, 4-H program, horticulture program.

### HILLSBORO

#### **Montgomery County Extension Office**

1 Industrial Park Drive, Hillsboro, IL 62049

Phone: 217-532-3941

Hours: 8-4:30 M-F (*closed 12-1*)

Services: Education material and 4-H clubs. Parenting information and budgeting information.

Fee: Free of charge or at a low cost

### TAYLORVILLE

#### **Christian County Extension Office**

1120 North Webster, Taylorville, IL 62568

Phone: 217-287-7246

Hours: 8-4:30 M-F

Services: Problem solving, informal education, workshops in family life, food and nutrition, canning and freezing, health education, housing, budgeting, home equipment, clothing, and 4-H programs.

### VANDALIA

#### **Fayette County Extension Office**

118 North 6th Street, Vandalia, IL 62471

Phone: 618-283-2753

Hours: 8-4:30 W-F (*lunch 11:30-12-30*)

Services: Provides education in the areas of nutrition, agriculture, family life community and economic development, youth and 4-H.