

Friends
Food
Fellowship



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October 2024 MENU
Suggested Donation \$4.25/Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FINAL	1 Jumbo Ball Park Frank on Bun Roasted Red Potatoes Green Beans Jell-O w/Fruit	2 Ham & Beans Cole Slaw Beets Peaches Corn Bread	3 Turkey Mashed Potatoes Brussels Sprouts Whole Grain Roll Pumpkin Mousse	4 Grilled Chicken Tenderloin Cheesy Rice w/broccoli Hot Stewed Tomatoes Fruit Cocktail Whole Grain Bread
7 Biscuits & Gravy Sausage Patties Hash Rounds Fresh Orange Apple Juice	8 Chicken & Noodles Peas Glazed Carrots Chilled Pineapple Whole Grain Bread	9 Chicken Pot Pie w/crust Creamy Cole Slaw Strawberries Angel Food Cake	10 Lasagna Tossed Salad w/tomatoes Salad Dressing Spiced Apples Black Bean Brownie Garlic Bread Stick	11 Loaded Baked Potato Soup w/bacon & Cheese Slice Crackers Broccoli Cauliflower Salad Chilled Apricots Oatmeal Cookie
14 	15 Meatloaf Whipped Potatoes Brussels Sprouts Mandarin Oranges Peanut Butter Cookie	16 Broccoli Cheese Soup Crackers ½ Turkey Sandwich on Whole Grain Bread Green Pea Salad Blushing Pears	17 Fried Chicken Parsley Potatoes Green Beans Strawberries & Bananas Whole Grain Roll	18 Pork Roast Glazed Sweet Potatoes Cooked Cabbage Waldorf Salad Whole Grain Bread
21 Italian Chicken Breast Steamed Broccoli Corn Oranges W/Bananas Roll	22 Chili Crackers Cottage Cheese Asian Cole Slaw Chilled Pears Corn Bread	23 Oven Baked Chicken Whipped Potatoes Mixed Vegetables Pineapple Roll	24 Roast Beef Mashed Potatoes Green Beans Mixed Fruit Whole Grain Roll	25 Mac n Cheese w/ham Broccoli Tossed Salad w/tomatoes Salad Dressing Warm Peach Crisp Whole Grain Bread
28 Pork Chop Baked Potato Green Beans Tropical Fruit	29 Country Fried Steak Mashed Potatoes & Gravy California Blend Apricots Whole Grain Bread	30 Fish Sandwich on Bun Au Gratin Potatoes Baked Beans Strawberries w/bananas	31 Spaghetti w/meat sauce Tossed Salad w/tomatoes Salad Dressing Corn Hot Cherry Crisp	Milk, Bread, and Margarine are served with every meal. Substitutes will only be made in emergencies.

CALL THE DAY BEFORE NOON TO RESERVE A MEAL

Litchfield: 217/324-3032

Hillsboro: 217/532-3662

Morrisonville: 217/526-3621