

Friends  
Food  
Fellowship



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### March 2025 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Meatloaf Baked Potato Succotash Blushing Pears Whole Grain Roll	4 Chicken & Noodles Tossed Salad w/tomatoes California Blend Cherry Crisp	5 Broccoli Cheese Soup Crackers ½ Turkey Sandwich on Whole Grain Bread Slaw Fruit Cocktail	6 Oven Baked Chicken Sweet Potatoes Peas Strawberries Angel Food Cake	7 Fish on Bun Broccoli Rice Casserole Baked Beans Orange
10 Ham & Au gratin Potato Casserole Carrots Lima Beans Jell-O w/ Fruit Cocktail Whole Grain Roll	11 Spaghetti w/ Meat Sauce Green Beans 3 Bean Salad Warm Peach Crisp Garlic Bread Stick	12 Biscuits & Gravy Sausage Patty Hash Brown Casserole Banana Orange Juice	13 Roast Beef Mashed Potatoes California Blend Apricots Peanut Butter Cookie	14 Salmon Patty Creamy Potatoes Peas Pineapple Chunks Whole Grain Bread
17 Corned Beef 'N Cabbage Parsley Red Potatoes Boiled Carrots Potato Bread Pistachio Pudding	18 Baked Turkey Crunch Peas Tossed Salad w/tomatoes Warm Spiced Apples Whole Grain Bread	19 Chili Crackers ½ Peanut Butter Sandwich Cole Slaw Apricots	20 Pork Roast Roasted Rosemary Potatoes Asparagus Mandarin Oranges Oatmeal Raisin Cookie	21 Tuna Noodle Casserole Broccoli Stewed Tomatoes Peaches
24 Herbed Baked Chicken Baby Baker Potatoes Green Beans Strawberries Black Bean Brownie	25 BBQ Riblet Au Grain Potatoes Gourmet Carrots Applesauce Whole Grain Bun	26 Polish Sausage Sauerkraut Mashed Potatoes Pumpkin Mousse Whole Grain Bread	27 Lasagna Tossed Salad w/tomatoes Broccoli Warm Apple Crisp Garlic Bread Stick	28 Lemon Pepper Tilapia Garlic Mashed Potatoes Honey Glazed Carrots (Tropical Fruit Cotton Pickin' Good Cake
31 Fried Chicken Mashed Potatoes Mixed Vegetables Strawberries w/bananas Whole Grain Roll	<b>FINAL</b>			<b>Milk, Bread, and Margarine are served with every meal. Substitutes will only be made in emergencies.</b>

**CALL THE DAY BEFORE TO RESERVE A MEAL**

**Suggested Donation \$4.25/Meal**

**Effingham 217-347-2851; Dieterich 217-925-5461; Altamont 618-483-6912; Beecher City 618-487-5401**

**Flora 217-994-3191 Vandalia 618-283-1040 Ramsey 618-237-0251**

**Pana 217-562-5611 Taylorville 217-287-7268 Kincaid 217-237-4328**